



Please note that all names with an asterisk (*) are times and distances better than the record, but insufficient data does not qualify them for the record. AURA recognises these performances and the people who have achieved the times listed. If further data can be supplied by the record recipient, or any other relevant person, then AURA will review the data accordingly.

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50 Km

W20	Natasha Fraser VIC	3:41:35	CANBERRA ACT	14/04/2012
W25	Natasha Fraser VIC	3:39:06	SYDNEY NSW	15/09/2013
W30	* Sandra Timmer-Arends VIC	3:29:04	CANBERRA ACT	18/04/1998
W35	Kerrie Otto de Grancy	4:06:25	KURRAWA QLD	08/12/2013
W40	Jackie Fairweather ACT	3:19:12	CANBERRA ACT	13/04/2008
W45	Julie Norney VIC	3:40:03	SYNDEY NSW	15/09/2013
W50	Lavinia Petrie VIC	3:41:57	CANBERRA ACT	10/04/1994
W55	Carol Baird ACT	4:18:51	CANBERRA ACT	10/04/2005
W60	Tina Torpy	4:13:32	CANBERRA ACT	15/04/2007
W65	Shirley Young VIC	4:46:54	GLENGARRY VIC	05/04/1998
W70	Norma Wallett NSW	6:56:59	CANBERRA ACT	18/04/2004
W75	Norma Wallett NSW	6:32:28	CANBERRA ACT	09/04/2006

100 Km

W20	Larissa Tichon NSW	10:17:12	CANBERRA ACT	16/02/2013
W25	Mallani Moloney QLD	11:05:26	NARRABEEN NSW	06/01/2013
	* Zoe Lawrie QLD	9:06:42	GOLD COAST QLD	11/06/2006
W30	Marita Eisler QLD	8:09:33	GOLD COAST QLD	08/06/2013
W35	Kerrie Otto de Grancy NSW	8:53:46	GOLD COAST QLD	09/06/2013
W40	Jackie Fairweather ACT	7:41:23	KESWICK UK	19/09/2009
W45	Helen Stanger NSW	9:04:47	SHEPPARTON VIC	17/09/1995
	* Lavinia Petrie VIC	8:22:17		28/12/1992
W50	Dipali Cunningham VIC	10:33:47	CZECH REPUBLIC	29/07/2011
W55	Marina Brun-Smits	10:36:11	GOLD COAST QLD	08/06/2014
W60	Marie Boyd	16:11:42	OKLAHOMA USA	28/10/2012
W65	Shirley Young VIC	10:47:13	CANBERRA ACT	15/09/1996
W70	Shirley Young VIC	10:59:00	CANBERRA ACT	03/03/2003
W75				

200 Km

W20				
W25	Emma Vaughan SA	23:51:38	ADELAIDE SA	14/07/2013
W30	Sharon Scholz VIC	21:05:53	BRIVE FRANCE	14/05/2010
W35	Sharon Scholz VIC	22:58:09	STEENBERGEN NED	12/05/2013
	* Meredith Quinlan NSW	21:51:43	BRIVE FRANCE	14/05/2010
W40	Bernadette Benson WA	22:19:02	STEENBERGEN NED	12/05/2013
W45				
W50	Dipali Cunningham VIC	1D:02:48:03	CZECH REPUBLIC	30/07/2011
W55	* Valerie Case QLD	1D:18:39:06	CABOOLTURE QLD	22/06/1992
W55				
W60	Marie Boyd	1D:20:32:56	TEXAS USA	17/11/2012
W65	Marie Boyd	2D:02:17:20	ARIZONA USA	31/12/2013
W70				

500 Km

W20				
W25				
W30				
W35	Dipali Cunningham VIC	4D:00:08:06	NEW YORK USA	14/09/1997
W40	Dipali Cunningham VIC	3D:13:43:55	NEW YORK USA	02/05/2001
W45				
W50	Dipali Cunningham VIC	3D:11:28:24	NEW YORK USA	29/04/2009
W55				
W60				
W65				

1000 Km

W35	Dipali Cunningham VIC	8D:17:31:10	NEW YORK USA	19/09/1997
W40 *	Cynthia Herbert	8D:10:55:00	SYDNEY-MELB.	27/03/1987
W45				
W50				
W55				
W60				
W65				
W70				
W75				

50 MILES

W25	Emma Vaughan SA	8:24:18	NARRABEEN NSW	05/01/2014
W30	Marita Eisler QLD	6:23:50	GOLD COAST QLD	08/06/2014
W35	Kerrie Otto de Grancy NSW	6:56:21	GOLD COAST QLD	09/06/2013
*	Mary Morgan WA	6:07:29	VICTORIA CANADA	31/08/1994
W40	Jodie Osborne QLD	7:09:22	CABOOLTURE QLD	20/07/2013
*	Cynthia Herbert	7:07:23	BALLARAT VIC	10/08/1987
W45	Jan Collins QLD	8:47:04	St.LUCIA UNI.QLD	02/10/1986
W50	Dipali Cunningham VIC	8:20:13	CZECH REPUBLIC	29/07/2011
*	Margaret Smith VIC	6:59:02	PRINCES PK.VIC	21/06/1987
W55	Marina Brun-Smits NSW	8:23:47	GOLD COAST QLD	08/06/2014
W60	Marie Boyd	12:17:45	OKLAHOMA USA	27/10/2012
W65 *	Shirley Young VIC	8:16:56	SHEPPARTON VIC	15/09/1996
W70				

100 MILES

W25	Emma Vaughan SA	18:57:55	ADELAIDE SA	14/07/2013
W30	Sharon Scholz VIC	16:33:03	BRIVE FRANCE	14/05/2010
W35	Sharon Scholz VIC	17:07:20	STEENBERGEN NED	12/05/2013
W40	Bernadette Benson WA	17:26:06	STEENBERGEN NED	12/05/2013
W45				
W50	Dipali Cunningham VIC	20:07:41	CZECH REPUBLIC	30/07/2011
W55 *	Valerie Case QLD	1D:08:41:00	CABOOLTURE QLD	22/06/1992
W60	Marie Boyd	1D:08:55:13	TEXAS USA	16/11/2012
W65	Marie Boyd	1D:09:46:51	ARIZONA USA	30/12/2013
W70				
W75				

**500
MILES**

W35	Dipali Cunningham VIC	6D:22:54:50	NEW YORK USA	17/09/1997
W40	Dipali Cunningham VIC	5D:21:54:19	NEW YORK USA	05/05/2001
W45				
W50	Dipali Cunningham VIC	5D:20:33:42	NEW YORK USA	02/05/2009
W55				
W60				
W65				

**1000
MILES**

W35	Dipali Cunningham VIC	13D:20:18:40	NEW YORK USA	24/09/1997
W40				
W45				
W50				
W55				
W60				
W65				
W70				

**6
HOURS**

W20				
W25	Mallani Moloney QLD	62.078km	CABOOLTURE QLD	09/02/2013
W30	Sharon Scholz VIC	64.139km	BRIVE FRANCE	13/05/2010
W35	Sharon Scholz VIC	62.482km	STEENBERGEN NED	11/05/2013
*	Lynette Gordon-Lewis	64.378km	CABOOLTURE QLD	25/02/1995
W40	Jackie Fairweather ACT	75.000km	GOLD COAST QLD	07/06/2009
W45	Sarah Richardson ACT	56.666km	NARRABEEN NSW	06/01/2013
*	Angie Cottrell QLD	56.800km	CABOOLTURE QLD	08/02/1998
W50	Lavinia Petrie VIC	72.229km	GLENGARRY VIC	05/04/1998
W55	Anne Owen NSW	52.833km	NARRABEEN NSW	08/01/2012
*	Angela Clarke QLD	53.507km	HERITAGE QLD	25/02/1995
W55				
W60	Marie Boyd	41.789km	OKLAHOMA USA	22/10/2011
W65				
W70				
W75				

**12
HOURS**

W20	Larissa Tichon NSW	115.545km	CANBERRA ACT	16/02/2013
W25	Louise Nickson SA	110.499km	ADELAIDE SA	13/07/2013
W30	Sharon Scholz VIC	123.070km	BRIVE FRANCE	13/05/2010
W35	Sharon Scholz VIC	120.335km	STEENBERGEN NED	11/05/2013
W40	Jodie Osborne QLD	123.188km	CABOOLTURE QLD	20/07/2013
W45	Sarah Richardson ACT	108.904km	NARRABEEN NSW	06/01/2013
W50	Dipali Cunningham VIC	111.000km	CZECH REPUBLIC	29/07/2011
W55	Anne Owen NSW	100.988km	NARRABEEN NSW	05/01/2014
*	Marina Brun-Smits NSW	107.759km	CABOOLTURE QLD	09/02/2014
W60	Marie Boyd	77.387km	OKLAHOMA USA	27/10/2012
W65	Shirley Young VIC	100.00km	SHEPPARTON VIC	15/09/1996
W70	Shirley Young VIC	100.00km	CANBERRA ACT	03/03/2000
W75				

**24
HOURS**

W25	Emma Vaughan SA	201.355km	ADELAIDE SA	14/07/2013
W30	Sharon Scholz VIC	224.885km	BRIVE FRANCE	14/05/2010
W35	Sharon Scholz VIC	206.286km	STEENBERGEN NED	12/05/2013
*	Meredith Quinlan NSW	217.931km	WALES	22/09/2011
W40	Bernadette Benson WA	216.343km	STEENBERGEN NED	12/05/2013
W45				
W50	Dipali Cunningham VIC	188.000km	CZECH REPUBLIC	30/07/2011
W55 *	Valerie Case QLD	112.000km	CABOOLTURE QLD	19/09/1993
W60	Marie Boyd	140.335km	OKLAHOMA USA	23/10/2011
W65	Angela Clarke QLD	175.541km		
W70				

**48
HOURS**

W30	Tamyka Bell QLD	305.512km	CABOOLTURE QLD	21/07/2013
W35	Dipali Cunningham VIC	297.728km	NEW YORK USA	28/10/1996
W40	Dipali Cunningham VIC	308.994km	NEW YORK USA	01/05/2001
W45				
W50	Dipali Cunningham VIC	332.534km	CZECH REPUBLIC	31/07/2011
W55 *	Valerie Case QLD	192.000km	CABOOLTURE QLD	10/09/1993
W60	Marie Boyd	215.652km	TEXAS USA	17/11/2012
W65	Marie Boyd	194.293km	ARIZONA USA	31/12/2013
W70				

6 DAYS

W35	Dipali Cunningham VIC	704.892km	NEW YORK USA	01/11/1996
W40	Dipali Cunningham VIC	821.862km	NEW YORK USA	05/05/2001
W45				
W50	Dipali Cunningham VIC	825.593km	NEW YORK USA	02/05/2009
W55				
W60				
W65				