



Please note that all names with an asterisk (\*) are times and distances better than the record, but insufficient data does not qualify them for the record. AURA recognises these performances and the people who have achieved the times listed. If further data can be supplied by the record recipient, or any other relevant person, then AURA will review the data accordingly.

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### 50 Km

M25	David Criniti NSW	3:07:13	Moe VIC	12/11/2006
M30				
M35				
M40	Graeme Woods QLD	3:14:44	Coburg VIC	28/08/1988
M45	Raymond Wareham NSW	3:18:12	Sydney NSW	23/06/2012
M50	Carl Barker NSW	3:32:36	Qld Univ. QLD	27/06/2009
M55	Ron Schwebel NSW	3:44:00	Moe VIC	21/11/2009
M60	Cliff Young VIC	3:54:42	Adelaide,SA	01/11/1986
M65	Randall Hughes VIC	4:07:34	East Burwood VIC	25/10/1992
M70	Randall Hughes VIC.	4:16:50	East Burwood VIC	29/09/1995
M75	Ken Matchett VIC	4:52:13	Moe VIC	30/11/1997
M80	Ken Matchett VIC	7:29:04	Coburg VIC	17/04/2004
M85	Ken Matchett VIC	8:33:02	Coburg VIC	21/04/2007

### 100 Km

M40	Bryan Smith VIC	8:04:53	Coburg VIC	28/08/1988
*	Yiannis Kouros VIC	7:15:00	Adelaide SA	04/10/1997
M45	Yiannis Kouros VIC	7:24:16	Colac VIC	20/11/2005
M50	Bryan Smith VIC	8:55:33	Wollongong NSW	27/03/1994
M55	Ron Schwebel	9:52:19	Launceston TAS	24/01/2010
*	George Audley WA	8:47:18	Perth WA	26/07/1986
M60	Cliff Young VIC	9:02:52	Adelaide SA	09/11/1985
M65	Peter Lahiff QLD	11:45:40	Adelaide SA	16/10/2004
M70	Peter Lahiff QLD	11:53:13	Gosford NSW	07/01/2006
M75	Deryck Skinner SA	14:49:42	Adelaide SA	04/10/2008
M80	Stan Miskin VIC	16:45:07	Coburg VIC	23/04/2006
M85	Ken Matchett VIC	21:26:41	Coburg VIC	22/04/2007

### 200 Km

M30	Ewan Horsburgh NSW	20:25:34	Coburg VIC	15/04/2012
*	John Breit VIC	18:33:07	Coburg VIC	26/02/1989
*	David Standeven SA	18:56:04	Adelaide SA	02/11/1986
M35	Yiannis Kouros VIC	15:51:29	Surgeres France	07/05/1995
M40	Yiannis Kouros VIC	15:10:27	Adelaide SA	04/10/1997
M45	Yiannis Kouros VIC	17:44:03	Colac VIC	21/11/2005
M50	Martin Fryer ACT	18:45:37	Soochow TAIPEI	09/12/2012
M55	Barry McBride SA	23:25:32	Coburg VIC	06/04/2014
*	Gerry Riley VIC	22:35:34	Adelaide SA	02/11/1986
M60	Cliff Young VIC	20:17:09	Adelaide SA	10/11/1985
M65	Vlastik Skvaril TAS	30:49:22	Colac VIC	21/11/2005
M70	Deryck Skinner SA	35:32:15	Gold Coast QLD	12/08/2006
M75	Deryck Skinner SA	38:53:58	Caboolture QLD	30/08/2008
M80	Ken Matchett VIC	2D:09:15:51	Colac VIC	22/11/2005

**500 Km**

M40 *	Geoff Hook VIC	4D:23:00:00	Colac VIC	24/02/1986
M45	Yiannis Kouros VIC	2D:10:00:49	Colac VIC	22/11/2005
M50				
M55	Peter Armistead VIC	4D:00:00:00	Colac VIC	20/11/2002
M60 *	George Audley WA	3D:17:00:00	Colac VIC	11/1997
M65	George Audley WA	4D:03:44:58	Colac VIC	17/11/2002
M70	Cliff Young VIC	6D:00:00:00	Colac VIC	21/11/1995
M75	Drew Kettle VIC	6D:15:18:51	Nanango QLD	20/03/1996
M80				

**1000 Km**

M40				
M45	Yiannis Kouros VIC	5D:17:26:38	Colac VIC	26/11/2005
M50 *	William Beauchamp	9D:02:18:18	Nanango QLD	22/03/1996
M55				
M60				
M65				
M70				
M75	Drew Kettle VIC	13D:23:05:06	Nanango QLD	27/03/1996
M80				

**50 Miles**

M40	Laurie Brimacombe	5:38:49	Box Hill VIC	29/06/1985
M45	Yiannis Kouros VIC	6:08:46	Colac VIC	20/11/2005
M50	Bryan Smith VIC	6:19:57	East Burwood VIC	29/07/1995
M55	Ron Schwebel	7:16:15	Launceston TAS	24/01/2010
*	Gerry Riley VIC	7:04:23	Box Hill VIC	20/06/1987
M60	Cliff Young VIC	6:45:15	Box Hill VIC	29/06/1985
M65	Randall Hughes VIC	7:19:08	East Burwood VIC	21/06/1995
M70	Peter Lahiff QLD	9:11:38	Gosford NSW	07/01/2006
M75	Deryck Skinner SA	11:35:51	Adelaide SA	04/10/2008
M80	Ken Matchett VIC	12:39:05	Coburg VIC	22/04/2006
M85	Ken Matchett VIC	16:39:41	Coburg VIC	22/04/2007

**100 Miles**

M40	Yiannis Kouros VIC	12:00:00	Adelaide SA	04/10/1997
M45	Yiannis Kouros VIC	13:49:32	Colac VIC	21/11/2005
*	George Perdon VIC	12:25:09	Olympic Park VIC	01/05/1970
M50	Martin Fryer ACT	14:43:26	Soochow TAIPAI	08/12/2012
M55	Barry McBride SA	18:33:57	Coburg VIC	06/04/2014
*	George Audley WA	16:54:02	Perth WA	18/08/1984
M60	Cliff Young VIC	14:37:54	Manley NSW	03/04/1983
M65	Cliff Young VIC	22:28:05	Adelaide,SA	30/10/1988
M70	Deryck Skinner SA	22:39:55	Adelaide SA	15/10/2005
M75	Deryck Skinner SA	30:04:37	Caboolture QLD	30/08/2008
M80	Stan Miskin VIC	42:43:07	Colac VIC	26/11/2005

**500 Miles**

M40				
M45	Yiannis Kouros VIC	4D:09:59:04	Colac VIC	24/11/2005
M50 *	George Audley WA	6D:00:00:00	Colac VIC	1987
M55				
M60				
M65				
M70				
M75	Drew Kettle	11D:00:59:35	Nanango QLD	24/03/1996
M80				

**1000****Miles**

M40	Gary Parsons QLD	13D:16:15:40	Nanango QLD	03/1994
M45	Gary Parsons QLD	12D:19:44:35	Nanango QLD	26/02/1996
M50	Bryan Smith VIC	11D:23:31:45	Nanango QLD	23/03/1998
M55				
M60				
M65				
M70				
M75				
M80				

**6 Hours**

M25	Danny Hawksworth VIC	77.802km	Coburg VIC	30/03/2008
M30	Adam Barron QLD	76.457km	Gold Coast QLD	12/08/2006
*	Yiannis Kouros VIC	80.467km	Olympic Park VIC	04/08/1990
M35	Yiannis Kouros VIC	83.600km	Coburg VIC	08/04/1995
M40	Trevor Jacobs ACT	83.600km	East Burwood VIC	21/06/1992
M45	Yiannis Kouros VIC	78.400km	Colac VIC	20/11/2005
M50	Michael Francis WA	74.565km	Coburg VIC	15/03/2009
M55	Bruce Renwick NSW	73.793km	Moe VIC	09/11/2003
M60	John Nuttall QLD	69.882km	Coburg VIC	23/02/2014
M65	Randall Hughes VIC	63.354km	East Burwood VIC	25/10/1992
M70	Randall Hughes VIC	65.575km	East Burwood VIC	29/07/1995
M75	Ken Matchett VIC	51.600km	Coburg VIC	22/08/1998
M80	Ken Matchett VIC	41.964km	Coburg VIC	17/04/2004
M85	Ken Matchett VIC	38.681km	Coburg VIC	21/04/2007

**12****Hours**

M35	Yiannis Kouros VIC	156.000km	Coburg VIC	08/04/1995
M40	Yiannis Kouros VIC	158.400km	Canberra ACT	02/03/1997
M45	Yiannis Kouros VIC	140.400km	Colac VIC	20/11/2005
M50	Martin Fryer ACT	133.600km	Soochow TAIPEI	08/12/2012
M55	Ron Schwebel	116.838km	Launceston TAS	24/01/2010
M60	Cliff Young VIC	129.525km	Sydney NSW	1982
M65	Peter Lahiff QLD	102.433km	Adelaide SA	16/10/2004
*	Cliff Young VIC	104.800km	Olympic Park VIC	05/08/1990
M70	Peter Lahiff QLD	100.634km	Gosford NSW	07/01/2006
M75	Deryck Skinner SA	83.229km	Adelaide SA	04/10/2008
M80	Ken Matchett VIC	76.622km	Coburg VIC	22/04/2006
M85	Ken Matchett VIC	63.898km	Coburg VIC	21/04/2007

**24****Hours**

M30 *	Ewan Horsburgh NSW	234.870km	Coburg VIC	15/04/2012
*	John Breit VIC	238.102km	Coburg VIC	26/02/1989
M35	Yiannis Kouros VIC	285.362km	Surgeres France	07/05/1995
M40	Yiannis Kouros VIC	303.506km	Adelaide SA	04/10/1997
M45	Martin Fryer ACT	259.481km	Soochow TAIPEI	12/12/2010
M50	Martin Fryer ACT	247.590km	Soochow TAIPEI	09/12/2012
M55	Barry McBride SA	204.685km	Coburg VIC	06/04/2014
*	Gerry Riley VIC	210.272km	Adelaide SA	01/11/1986
M60	Cliff Young VIC	235.969km	Adelaide SA	03/11/1985
M65	Cliff Young VIC	197.115km	Box Hill Vic	01/03/1987
M70	Deryck Skinner SA	166.033km	Adelaide SA	15/10/2005
M75	Cliff Young VIC	147.487km	Coburg VIC	09/05/1999
M80	Stan Miskin VIC	140.018km	Coburg VIC	23/04/2006
M85	Ken Matchett VIC	108.830km	Coburg VIC	22/04/2007

**48  
Hours**

M35	Yiannis Kouros VIC	470.781km	Surgeres France	08/05/1995
M40	Yiannis Kouros VIC	473.797km	Surgeres France	05/05/1996
M45	Yiannis Kouros VIC	436.702km	Surgeres France	03/05/2002
M50	Bryan Smith VIC	365.724km	Queensland	03/06/1995
M55	Tony Collins NSW	315.773km	Gold Coast QLD	20/08/2004
M60	George Audley VIC	320.400km	Colac VIC	11/1997
M65	Vlastik Skvaril TAS	281.135km	Colac VIC	22/11/2005
M70	Deryck Skinner SA	257.877km	Gold Coast QLD	13/08/2006
*	Cliff Young VIC	264.800km	Colac VIC	16/11/1993
M75	Deryck Skinner SA	238.837km	Caboolture QLD	31/08/2008
M80	Stan Miskin VIC	173.648km	Colac VIC	26/11/2005

**6 Days**

M40	Bryan Smith VIC	906.400km	Colac VIC	11/1988
M45	Yiannis Kouros VIC	1038.851km	Colac VIC	26/11/2005
M50 *	George Audley WA	805.200km	Colac VIC	11/1987
M55	Peter Armistead VIC	742.200km	Colac VIC	24/02/1986
M60	George Perdon VIC	841.600km	Colac VIC	11/1984
M65	George Audley WA	704.525km	Colac VIC	18/11/2001
M70	Cliff Young VIC	653.600km	Colac VIC	21/11/1995
M75	Drew Kettle VIC	584.993km	Colac VIC	21/11/1995
M80	Stan Miskin VIC	431.648km	Colac VIC	26/11/2005