



**AURA OPEN RECORDS - ALL SURFACES**

**DATE: 18 March 2021**

**Men's Distance Records (Km)**

50 Km	Dion Finocchiaro VIC	2:50:49	Box Hill North VIC	29/11/2020
100 Km	Tim Sloan TAS	6:29:26	Ross to Richmond TAS	23/04/1995
200 Km	Yiannis Kouros VIC	15:10:28	Kensington SA	24/10/1997
500 Km	Yiannis Kouros VIC	2D:10:00:49	Colac VIC	22/11/2005
1000 Km	David Standeven	5D:13:55:00	Sydney to Melbourne	24/05/1989

**Men's Distance Records (Miles)**

50 Miles	Safet Badic VIC	5:18:20	Box Hill VIC	15/06/1991
100 Miles	Yiannis Kouros VIC	11:58:00	Kensington SA	24/10/1997
500 Miles	Yiannis Kouros VIC	4D:09:59:04	Colac VIC	24/11/2005
1000 Miles	Gary Parsons QLD	12D:19:44:35	Nanango QLD	26/03/1996

**Men's Time Records**

6 Hrs	Francesco Ciancio VIC	85.265KM	Coburg VIC	06/03/2016
12 Hrs	Yiannis Kouros VIC	161.200KM	Kensington SA	24/10/1997
24 Hrs	Yiannis Kouros VIC	303.506KM	Kensington SA	24/10/1997
48 Hrs	Yiannis Kouros VIC	473.495KM	Surgeres FRANCE	08/05/1996
6 Days	Yiannis Kouros VIC	1038.851KM	Colac VIC	26/11/2005

**Women's Distance Records (Km)**

50 Km	Stephanie Auston NSW	3:17:28	Gold Coast QLD	06/12/2020
100 Km	Kirstin Bull VIC	7:39:28	Winschoten NED	12/09/2015
200 Km	Bernadette Benson WA	19:58:31	Coburg VIC	06/04/2014
500 Km	Dipali Cunningham VIC	3D:11:28:24	New York USA	29/04/2009
1000 Km	Annabel Hepworth NSW	8D:03:46:53	Phoenix USA	28/12/2019

**Women's Distance Records (Miles)**

50 Miles	Mary Morgan WA	6:07:29	Harriers CANADA	31/08/1994
100 Miles	Bernadette Benson WA	15:24:44	Campbelltown NSW	16/06/2019
500 Miles	Dipali Cunningham VIC	5D:20:33:42	New York US	02/05/2009
1000 Miles	Dipali Cunningham VIC	13D:20:18:40	New York US	22/09/1997

**Women's Time Records**

6 Hrs	Linda Meadows VIC	78.742KM	East Burwood VIC	18/06/1994
12 Hrs	Bernadette Benson WA	133.535KM	Sydney NSW	14/06/2014
24 Hrs	Bernadette Benson WA	238.261KM	Coburg VIC	06/04/2014
48 Hrs	Nikki Wynd VIC	343.044KM	Canberra ACT	20/03/2016
6 Days	Dipali Cunningham VIC	825.593KM	New York USA	02/05/2009