

Men's Distance Records (Km)					
50 km	Dion Finocchiaro	VIC	2:50:49	Box Hill North VIC	29/11/2020
100 km	Tim Sloan	TAS	6:29:26	Ross to Richmond TAS	23/04/1995
200 km	Yiannis Kouros	VIC	15:10:27	Kensington SA	24/10/1997
500 km	Yiannis Kouros	VIC	2D:10:00:49	Colac VIC	20/11/2005
1000 km	Yiannis Kouros	VIC	5D:18:26:38	Colac VIC	20/11/2005
Men's Distance Records (Miles)					
50 Miles	Dion Finocchiaro	VIC	5:10:22	Narrabeen NSW	23/04/2022
100 Miles	Yiannis Kouros	VIC	11:58:00	Kensington SA	24/10/1997
500 Miles	Yiannis Kouros	VIC	4D:09:59:04	Colac VIC	24/11/2005
1000 Miles	Gary Parsons	QLD	12D:19:44:35	Nanango QLD	26/03/1996
Men's Time Records					
6 Hrs	Dion Finocchiaro	VIC	92.450km	Narrabeen NSW	23/04/2022
12 Hrs	Yiannis Kouros	VIC	161.200 km	Kensington SA	24/10/1997
24 Hrs	Yiannis Kouros	VIC	303.506 km	Kensington SA	24/10/1997
48 Hrs	Yiannis Kouros	VIC	473.495 km	Surgeres FRANCE	05/08/1996
6 Days	Yiannis Kouros	VIC	1038.851 km	Colac VIC	26/11/2005
Women's Distance Records (km)					
50 km	Stephanie Auston	NSW	3:17:28	Gold Coast QLD	12/06/2020
100 km	Kirstin Bull	VIC	7:34:25	Los Alcazares Spain	27/11/2016
200 km	Bernadette Benson	WA	19:58:31	Coburg VIC	04/06/2014
500 km	Dipali Cunningham	VIC	3D:11:28:24	New York USA	29/04/2009
1000 km	Annabel Hepworth	NSW	8D:03:46:53	Phoenix USA	28/12/2019
Women's Distance Records (Miles)					
50 Miles	Mary Morgan	WA	6:07:29	Harriers CANADA	31/08/1994
100 Miles	Bernadette Benson	WA	15:24:44	Campbelltown NSW	16/06/2019
500 Miles	Dipali Cunningham	VIC	5D:20:33:42	New York US	02/05/2019
1000 Miles	Dipali Cunningham	VIC	13D:20:18:40	New York US	22/09/1997
Women's Time Records					
6 Hrs	Linda Meadows	VIC	78.742 km	East Burwood VIC	18/06/1994
12 Hrs	Holly Ranson	SA	136.722km	Glenelg SA	03/12/2022
24 Hrs	Bernadette Benson	WA	238.261 km	Coburg VIC	04/06/2014
48 Hrs	Nikki Wynd	VIC	343.044 km	Canberra ACT	20/03/2016
6 Days	Dipali Cunningham	VIC	825.593 km	New York USA	05/02/2009