

50km					
W20	Elkie Belcher	QLD	3:35:48	GOLD COAST QLD	11/12/2016
W25	Stephanie Auston	NSW	3:17:27	GOLD COAST QLD	06/12/2020
W30 *	Sandra Timmer-Arends		3:29:04	CANBERRA ACT	18/04/1998
W35 *	Sandra Timmer-Arends		3:23:22	CANBERRA ACT	11/04/1999
W40	Jackie Fairweather	ACT	3:19:12	CANBERRA ACT	13/04/2008
W45	Jacqueline Kellerman	ACT	3:28:14	GQEHERA S AFRICA	06/03/2022
W50	Nicola Bowker	QLD	3:38:17	GOLD COAST QLD	04/10/2022
W55	Verity Breen		4:00:04	SAN FRANCISCO USA	08/10/2022
W60	Tina Torpy	VIC	4:13:32	CANBERRA ACT	15/04/2007
W65	Shirley Young	VIC	4:36:39	MOE VIC	28/11/1999
W70	Shirley Young	VIC	4:50:49	EAST BURWOOD VIC	29/09/1995
W75	Shirley Young	VIC	5:47:43	MOE VIC	06/11/2005
100km					
W20	Larissa Tichon	NSW	10:17:12	CANBERRA ACT	16/02/2013
W25 *	Larissa Tichon	NSW	8:54:27	AUCKLAND NZ	07/05/2017
W30	Kirstin Bull	VIC	7:39:28	WINCHOTEN NED	12/09/2015
W35	Kirsten Bull	VIC	7:34:25	LOS ALCAZARES SPAIN	27/11/2016
W40	Jackie Fairweather	ACT	7:41:23	KESWICK UK	19/09/2009
W45 *	Lavinia Petrie	VIC	8:22:17	KUROW NZ	28/12/1992
W50	Tia Jones	QLD	8:33:19	ADELAIDE SA	09/07/2016
W55	Tia Jones	QLD	9:17:02	BRUCE ACT	27/03/2021
W60	Pam Muston	NSW	11:23:33	NARRABEEN, NSW	23/04/2022
W65	Shirley Young	VIC	10:47:13	CANBERRA ACT	15/09/1996
W70	Shirley Young	VIC	10:59:00	CANBERRA ACT	03/03/2003
W75					
200km					
W20	Larissa Tichon	NSW	23:48:21	COBURG VIC	06/04/2014
W25	Cassie Cohen	ACT	22:24:57	BENGALURU INDIA	02/07/2022
W30	Sharon Scholz	VIC	21:05:53	BRIVE FRANCE	14/05/2010
W35	Meredith Quinlan	NSW	21:51:43	BRIVE FRANCE	14/05/2010
W40	Jodie Osborne	QLD	20:25:09	TAIWEI TAIWAN	22/11/2015
W45	Bernadette Benson	WA	19:58:31	COBURG VIC	06/04/2014
W50	Tia Jones	QLD	21:54:32	TAIPEI TAIWAN	02/12/2018
W55	Carol Baird	ACT	27:03:43	GOLD COAST QLD	12/08/2005
W60	Marie Boyd		1D:20:32:56	TEXAS USA	17/11/2012
W65	Marie Boyd		1D:21:26:43	ANCHORAGE USA	10/08/2014
W70	Marie Boyd		2D:11:30:45	ADELAIDE SA	01/10/2019
W75					

500km					
W20					
W25					
W30					
W35	Dipali Cunningham	VIC	4D:00:08:06	NEW YORK USA	14/09/1997
W40	Dipali Cunningham	VIC	3D:13:43:55	NEW YORK USA	02/05/2001
W45	Georgina McConnell	NSW	3D:23:51:52	COLAC VIC	19/11/1992
W50	Dipali Cunningham	VIC	3D:11:28:24	NEW YORK USA	29/04/2009
W55					
W60					
W65	Marie Boyd		5D:16:39:28	GLENDALE USA	03/01/2016
W70					
W75					
50 Miles					
W20	Chloe Skewes-Weir	ACT	8:09:12	BRUCE ACT	25/03/2022
W25	Lee Piantadosi	SA	7:39:14	ADELAIDE SA	12/07/2015
W30	Marita Eisler	QLD	6:23:50	GOLD COAST QLD	08/06/2014
W35 *	Mary Morgan	WA	6:07:29	VICTORIA CANADA	31/08/1994
W40	Helen Stanger	NSW	6:52:42	BOX HILL VIC	28/06/1986
W45	Lavinia Petrie	VIC	6:23:53	EAST BURWOOD VIC	19/06/1993
W50	Bernadette Benson	VIC	6:45:17	BARDEN RIDGE NSW	03/06/2022
W55	Tia Jones	QLD	7:18:22	BRUCE ACT	27/03/2021
W60	Shirley Young	VIC	7:32:44	EAST BURWOOD VIC	21/06/1992
W65	Shirley Young	VIC	7:55:08	EAST BURWOOD VIC	29/07/1995
W70	Shirley Young	VIC	8:08:55	EAST BURWOOD VIC	13/05/2000
W75					
100 Miles					
W20	Larissa Tichon	SA	18:57:01	COBURG VIC	06/04/2014
W25	Cassie Cohen	VIC	17:51:54	BENGALURU INDIA	02/07/2022
W30	Sharon Scholz	VIC	15:57:37	BRISBANE QLD	19/06/2011
W35	Susannah Harvey-Jamison	QLD	16:56:35	COBURG VIC	19/04/2015
W40	Jodie Osborne	QLD	15:33:56	SOOCHOW TAIWAN	22/11/2015
W45	Bernadette Benson	WA	15:38:18	COBURG VIC	06/04/2014
W50	Bernadette Benson	WA	15:24:55	CAMPBELLTOWN NSW	16/06/2019
W55	Carol Baird		18:36:45	ADELAIDE SA	01/10/2006
W60	Marie Boyd		1D:08:55:13	TEXAS USA	16/11/2012
W65	Shirley Young	VIC	23:30:29	COBURG VIC	22/08/1998
W70	Shirley Young	VIC	20:39:10	COBURG VIC	21/03/1996
W75					

500 Miles					
W20					
W25					
W30					
W35	Dipali Cunningham	VIC	6D:22:54:50	NEW YORK USA	17/09/1997
W40	Dipali Cunningham	VIC	5D:21:54:19	NEW YORK USA	05/05/2001
W45					
W50	Dipali Cunningham	VIC	5D:20:33:42	NEW YORK USA	02/05/2009
W55					
W60					
W65					
W70					
W75					
1000 Miles					
W20					
W25					
W30					
W35	Dipali Cunningham	VIC	13D:20:18:40	NEW YORK USA	24/09/1997
W40					
W45					
W50					
W55					
W60					
W65					
W70					
W75					
6 Hours					
W20	Chloe Skewes-Weir	ACT	63.097 km	BRUCE ACT	27/03/2021
W25	Cassie Cohen	ACT	66.419 km	BRUCE ACT	27/03/2021
W30	Sharon Scholz	VIC	71.927 km	COBURG VIC	07/03/2010
W35 *	Linda Meadows	VIC	78.742 km	EAST BURWOOD VIC	18/06/1994
W40	Jackie Fairweather	ACT	75.000 km	GOLD COAST QLD	07/06/2009
W45	Lavinia Petrie	VIC	75.741 km	EAST BURWOOD VIC	19/06/1993
W50	Tia Jones	QLD	74.671 km	BARCELONA SPAIN	16/12/2017
W55	Tia Jones	QLD	69.774 km	BARDEN RIDGE NSW	05/05/2021
W60	Shirley Young	VIC	63.452 km	EAST BURWOOD VIC	27/10/1991
W65	Shirley Young	VIC	62.658 km	COBURG VIC	21/08/1999
W70	Shirley Young	VIC	60.992 km	COBURG VIC	11/11/2001
W75	Shirley Young	VIC	51.707 km	MOE VIC	06/11/2005

12 Hours					
W20	Larissa Tichon	NSW	115.545 km	CANBERRA ACT	16/02/2013
W25	Lee Piantadosi	SA	118.800 km	ADELAIDE SA	12/07/2015
W30	Holly Ranson	SA	136.722km	GLENELG SA	03/12/2022
W35 *	Mary Morgan	WA	130.832 km	BUNBURY WA	03/04/1994
W40	Jodie Osborne	QLD	128.286 km	SOOCHOW TAIWAN	22/11/2015
W45	Bernadette Benson	WA	133.535 km	SYDNEY NSW	14/06/2014
W50	Tia Jones	QLD	131.066 km	BRUCE ACT	18/03/2018
W55	Tia Jones	QLD	124.211 km	BRUCE ACT	27/03/2021
W60	Val Chesterton	ACT	81.802 km	GOSFORD NSW	06/01/2002
W65	Shirley Young	VIC	100.000 km	SHEPPARTON VIC	15/09/1996
W70	Shirley Young	VIC	103.600 km	COBURG VIC	09/04/2000
W75					
24 Hours					
W20	Larissa Tichon	NSW	202.028 km	COBURG VIC	06/04/2014
W25	Cassie Cohen	ACT	214.590km	BENGALURU INDIA	02/07/2022
W30	Sharon Scholz	VIC	224.885 km	BRIVE FRANCE	14/05/2010
W35	Meredith Quinlan	NSW	217.931 km	WALES	22/09/2011
W40	Jodie Osborne	QLD	230.244 km	TURIN ITA	12/04/2015
W45	Bernadette Benson	WA	238.261 km	COBURG VIC	06/04/2014
W50	Tia Jones	QLD	218.177 km	TAIPEI TAIWAN	02/12/2018
W55	Tia Jones	QLD	197.150 km	BOONDALL QLD	27/09/2020
W60	Marie Boyd	USA	146.539 km	BRISBANE QLD	20/06/2010
W65	Shirley Young	VIC	162.300 km	COBURG VIC	23/08/1998
W70	Shirley Young	VIC	176.810 km	COBURG VIC	09/04/2000
W75					
48 Hours					
W20					
W25	Gemma Worland	VIC	146.063 km	CANBERRA ACT	17/03/2019
W30	Sharon Scholz	VIC	333.026 km	CABOOLTURE QLD	01/08/2010
W35	Allicia Heron	ACT	329.392km	BRUCE ACT	25/03/2022
W40	Nikki Wind	VIC	343.044 km	CANBERRA ACT	18/03/2016
W45	Nikki Wind	VIC	317.894 km	CANBERRA ACT	17/03/2019
W50	Dipali Cunningham	VIC	332.534 km	CZECH REPUBLIC	31/07/2011
W55	Carol Baird	ACT	298.089 km	GOLD COAST QLD	12/08/2005
W60	Marie Boyd	USA	215.652 km	TEXAS USA	17/11/2012
W65	Marie Boyd	USA	209.659 km	ANCHORAGE USA	10/08/2014
W70	Marie Boyd	USA	171.060 km	ADELAIDE SA	01/10/2019
W75					

6 Days					
W20					
W25					
W30					
W35	Dipali Cunningham	VIC	704.892 km	NEW YORK USA	01/11/1996
W40	Dipali Cunningham	VIC	821.862 km	NEW YORK USA	05/05/2001
W45	Georgina McConnell	NSW	738.103 km	CAMPBELLTOWN NSW	24/11/1990
W50	Dipali Cunningham	VIC	825.593 km	NEW YORK USA	02/05/2009
W55	Dipali Cunningham	VIC	764.438 km	NEW YORK USA	29/04/2014
W60					
W65	Marie Boyd		501.767 km	GLENDALE USA	03/01/2016
W70	Marie Boyd		413,601km	AUGUSTA, USA	09/05/2022
W75					