



ANNUAL REPORT 2007

&

NOTICE OF MEETING



PO Box 282,
Runaway Bay Qld 4216
Tel 07 5537 8872
Fax 07 3011 1017
Mobile 0408 527 391
Email: president@ultraoz.com
Internet: www.ultraoz.com

ANNUAL REPORT - 2007

Dear Members

Your committee is pleased to report on the activities of your Association for the year ended 31 December 2007.

OVERVIEW AND FUTURE DIRECTION

The purpose of your Association is to promote the sport of ultra-running; that is events longer than a standard marathon. In this regard, your committee is desirous of attracting more runners to ultra events in the first instance; secondly, in improving the quality of performances and thirdly, of ensuring that the athletes remember the event as a satisfying experience.

Your committee is pleased to report that the number of participants in marathon and ultra events in Australia has continued to increase. The numbers contesting our various races are at record levels and new race records are being set in almost every event on the calendar.

We are pleased to report that we have formed a partnership with The North Face, one of the world's leading brands, for a 24 hour treadmill race held in March 2008 and a 100km trail race to be held in May 2008. Other partnership opportunities are also starting to emerge.

Exciting developments are on the horizon. The planning of 'The Ultra', the stage race from Melbourne-Sydney-Brisbane in 2009 is reportedly on track. This has the potential to be the biggest thing in ultrarunning since the Westfield Sydney-Melbourne races of the '80's and has been likened to the Tour de France cycling race.

Lee Troop reports that arrangements are in hand for the Colac six day race, planned to resume in November 2008 and interest in 24 hour races is at its highest since they were used as qualifying events for Sydney-Melbourne.

INTERNATIONAL COMPETITION

IAU 50km trophy race

The IAU 50km trophy race was held at Palermo Sicily on 14 October 2007. We are pleased to report that Australia's representatives acquitted themselves well. Results were

Pos	Name	Time
2	June Petrie	Palermo 3:35:38, Canberra 3:46:13, aggregate 7:21:51
6	Bert Pelgrim	Palermo 3:46:32, Canberra 3:15:33, aggregate 7:02:05

The event is not expected to be held in 2008.

IAU 100km world challenge

Our team to contest the World Challenge at Winschoten, Netherlands on 8 September 2007 acquitted itself well, the mens team finishing in 6th place. Unfortunately a womens team was not entered this year but it remains a goal to enter both men and women teams in future events.

Details were:- men-

Pos'n	Name	Time
20	Tim Cochrane	7:08:19 (PB)
34	Darren Benson	7:27:44
41	Dean Cook	7:38:31 (PB)
84	Jo Blake (inj)	9:40:02
7th	Team aggregate (1 st 3 to count)	22:14:34

women

Pos'n	Name	Time
43	Deanne Nobbs	9:38:40 (PB)
53	Vivienne Kartsounis	11:02:28

The next IAU 100km World challenge will be held in Italy in November 2008.

IAU 24 hour World Cup

Australia fielded a mens team to contest the 24 hour event in Drummondville, Quebec Canada on 29 July 2007.

Results were

Pos'n	Name	Time
24	Mick Francis	216.8
25	Martin Fryer	215.3
62	Coran Lang	190.4
86	Paul Every	171.5
96	Robert Boyce	162.7
8th	Team aggregate (1 st 3 to count)	622.555

The next 24 hour WC will be held at Seoul Korea in October 2008. The team will be selected based on performances in 2007, Coburg in April 2008 and Caboolture in August.

IAU Trail World Challenge

Australia fielded 2 representatives in the Trail World Challenge incorporated into the Sunmart 50 Miler in the USA on 9th December 2007. This was run as a test event..

Results were

Pos'n	Name	Time
13	Andrew Pirola-Merlo	8:35:19
DNF	Scott Orchard	

The next IAU Trail World Challenge will be held again as part of the Sunmart 50 Miler in December 2008.

Congratulations to all of our athletes who represented us in international competition.

NATIONAL CHAMPIONSHIPS

To be eligible to contest the AURA national championships, athletes must be members of AURA.

50 km road - held in Canberra on 15 April 2007

Women-

1	June Petrie	3:46:13
2	Deanne Nobbs	4:01:14
3	Tina Torpy	4:13:32

Men-

1	David Criniti	3:00:12
2	Tim Cochrane	3:05:20
3	Bert Pelgrim	3:15:33

100 km road – held on the Gold Coast on 10 June 2007

Women-

1	Deanne Nobbs	9:55:39
2	Erin Kreiss	13:38:23
3	Tina Fiegal	20:25:10

Men-

1	Tim Cochrane	8:25:58
2	Dean Cook	8:38:04
3	Mick Francis	8:55:42

24 hour track – held in Adelaide on 29-30 September 2007

Women -

1	Becky Oliver	138.634 km
2	no 2 nd AURA woman	
3	no 3 rd AURA woman	

Men –

1	Mick Francis	226.241 km
2	Ron Schwebel	203.641 km
3	Robert Boyce	200.818 km

48 hour track – held on the Gold Coast on 10 – 12 August 2007

Women - no women finishers

Men-

1	Tony Collins	272.441 km
2	Lou Commins	230.892 km (walker)
3	Alan Staples	214.910 km

6 day track – event postponed.

Trail Race Championship

The event selected for 2007 was the Six Foot Track Marathon held on 10 March 2007.

Placegetters were

Women –

1	Isobel Bepalov	4:11:30
2	June Petrie	4:32:13
3	Amanda Underwood	5:02:40

Men -

1	Tony Fattorini	3:24:11
2	Jonathan Blake	3:30:34
3	Don Wallace	3:37:31

RECORD ACHIEVEMENTS

Several records were broken during the year under review by Ken Matchett (M85) at the Coburg track meet held on 21-22 April 2007, details as follows:-

50km 8:33:02

50 miles 16:39:41

100km 21:26:41

6 hr 38.681

12 hr 63.898

24 hr 108.830

Sincere congratulations to Ken.

RANKINGS 2007

Dist/time		Men		Women	
50 km	David Criniti	3:00:12	Canberra	June Petrie	3:35:38 Palermo
100 km	Tim Cochrane	7:08:19	Winschoten	Deanne Nobbs	9:38:40 Winschoten
6 hr	Danny Hawksworth	72.146	Coburg	Lynne Barnard	64.249 Bunbury
12 hr	Mick Francis	126.400	Adelaide	Viviene Kartsounis	100.372 Gosford
24 hr	Martin Fryer	228.686	Coburg	Dipali Cunningham	167.300 New York
48 hr	Tony Collins	272.441	Gold Coast	Dipali Cunningham	284.853 New York
72 hr	Garry Wise	350.836	New York	Dipali Cunningham	400.727 New York
6 days	Garry Wise	577.754	New York	Dipali Cunningham	712.919 New York
7 days	Garry Wise	661.440	New York	Karina Ward	523.036 New York
8 days	Garry Wise	733.860	New York	Karina Ward	592.238 New York
10 days	Grahak Cunningham	926.483	New York	Karina Ward	730.642 New York
3100 mile (5000 km)	Grahak Cunningham	50:03:02	New York		

For full rankings lists see www.aura.asn.au/rankings.html

OPERATIONS

Records. David Billett has the unenviable and painstaking task of seeking out race results from race directors, sifting through the results to determine who are AURA members, allocating the appropriate number of points, checking for records, scrutinising lapsheets etc. Thanks to David for a job well done. Full details appear on records awarded and points gained appear in each issue of Utramag.

100, 200 & 250 Club. This award is made to those who have achieved 100 mile, 200 km and 250 km in 24 hours track. To qualify it is essential that the feat be achieved on a standard athletic track

or, if on a road course, then one that has been properly measured by AURA. It will also need to be performed in a race (not a solo run) and verified by the Race Director. Those who achieve this feat will be included in the 100, 200 or 250 Club listing which will appear from time to time in AURA's official publication, Ultramag and on the website. A commemorative polo shirt is available for purchase. Runners who have achieved this feat in the past will be automatically recognised.

Ultramag. Kevin Cassidy does a superb job in producing Ultramag, AURA's official publication. The magazine, produced quarterly, contains details of forthcoming races, race results, race reports, various stories, pictures and details of records. The publication has been upgraded to include more pics and a colour cover. There will be some advertising content, the purpose of which is to defray costs of publication. The magazine is far more attractive with the colour content. We commend Kevin for his untiring efforts in publishing Ultramag and we thank Bruce and Sue Cook for their skills in assisting with the transformation to part and, hopefully eventually, full colour.

Website. The new website at www.aura.asn.au was launched early in the 2007 year. There is a wealth of information on the website, including race calendar, race results, records and stories.

Running apparel. A new range of apparel is available including polo shirts, AURA 100 club shirts, tee shirts, running singlets and caps. Please support AURA by wearing this apparel at the events you contest. For further information contact the clothing officer, Sandra Howorth on 0407 301 058.

AWARDS AND PRIZES

Australian Male Ultra Runner of the Year. Tim Cochrane from Sydney, NSW. In April, Tim placed second to Dave Criniti in the 50km at Canberra with 3:05. In May he won the Wilsons Prom 44km. In June he won the Australian 100km championships, followed by a win in the Bush capital marathon. He then ran 7:08 in the 100km World Cup in Holland (best-performed Australian), followed by a second at Brindabella and a dead heat with David Waugh in the Great North Walk 100 miler. He topped off the year with a great win at Coast to Kosiuszko in December, breaking Martin Fryer's race record by 4 hours 9 mins.

Australian Female Ultra Runner of the Year. June Petrie from Melbourne, VIC. June was second AURA member at Six Foot Track in March and then won the 50km in Canberra in April. June followed that up with a second in the IAU trophy race in Palermo in October, conducted in very hot conditions.

Rising Star Awards. Nathan Fawkes of WA. Nathan (24) achieved a 2nd in the Bunbury 12 hour, 3rd in the Bunbury 50km and 3rd in the John Forrest 40 miler and is a worthy recipient of this award.

Cliff Young Gumboot award. This award is to the best-performed, male or female, O60 AURA member at 24-hrs track. This award goes to Tony Collins who just scraped in from Vlastik Skvaril.

AURA points award. This award is determined by a complex points system where the AURA member receives two points for starting, two points for each 100 km run, bonus points for placing in races, bonus points for breaking Australian or world records and bonus points for attaining IAU benchmarks. For 2007, the award goes to Tim Cochrane (79 points), followed by Kelvin Marshall (63), Robert Boyce (56), Mick Francis (49) and Ron Schwebel (48).

FINANCIAL & LEGAL

Results and position. The accompanying statements of account reveal an excess of expenditure over income of \$7007 (2006, Income exceeded expenses by \$2,954). Subscriptions increased for the year, however all other categories of income fell from 2006. The primary fall related to donations where in 2006 there was a one off bequest of \$5,000 from the Estate of the

Late Nigel Aylott and a donation of \$2,000 from his mother Mrs Jan Aylott. Travel expenditure increased as we endeavoured to support our athletes competing at IAU International events to the greatest extent possible. Stock of clothing at year end is not brought to account.

Travel costs for sending teams overseas amounted to \$6,400. Your committee is very proud of the fact that we have been able to make a meaningful contribution to the cost of sending representative teams overseas, and this year we supported more athletes than ever before.

Net assets at year end amounted to \$5,066 compared with \$12,073 at the end of the previous year.

Your committee has deemed it necessary to increase membership subscriptions for the coming year, mostly because of the need to now source our own public liability insurance. Details of these proposed changes have already been made known to members and ratification of the new fees will be sought at the forthcoming Annual General Meeting.

Overall, your Association's financial position, when considered in conjunction with planned initiatives, is considered satisfactory.

Memberships. Memberships at year end remained steady at approximately 260. It is hoped that with more and more publicity for events that event numbers will continue to increase, as well as the number of AURA members. Members are asked to encourage others to join. It is considered that AURA offers a considerable amount for its members with its colour magazine, email newsletters, championship races, rankings, records, 100 club, aggregate points competition, personal accident insurance, various awards etc.

AUSTRALIAN ATHLETIC FEDERATION

Your Association became a member of the Australian Athletic Federation (AAF) in November 2002. Other members comprise Athletics Australia (AA), Australian Track & Field Coaches Association, Australian Masters Athletics Inc., Australian Athletic Confederation (pro runners), School Sport Australia, Australian Federation of Race Walking Clubs and Australian Mountain Runners Association Inc. The objective was to have one unified body to advance the interests of the various members of the athletic family. However, the concept was never really put into practice and following further investigation, Athletics Australia has decided to terminate the initiative, effective 31 March 2008. Unfortunately one fallout from the change is that we now need to secure our own public liability insurance, a consequence of which has been the need for a substantial increase in memberships subscriptions. We acknowledge the assistance and support of Athletics Australia, the principal and dominant member, for which we are most grateful.

APPRECIATION

Finally, I wish to thank my Vice president Kevin Cassidy, Secretary Jo Blake, Treasurers Warren Holst and Paul Monks, Registrar Secretary David Criniti, Events Co-ordinator Robert Boyce, Chairman of selectors for International Competition Paul Every, Ultramag editor Kevin Cassidy, Records Officer David Billett, Gear and Trophy Officer Sandra Howorth and various other committee members and state representatives, numerous Race Directors and many members of AURA for their assistance and support.

On behalf of the committee



President
3 March 2008

NOTICE OF ANNUAL GENERAL MEETING & PRIZEGIVING

NOTICE is hereby given that the 22nd Annual General Meeting of the Australian Ultra Runners Association Inc will be held in the Boardroom of Athletics Australia at Level 2, Fawkner Towers, 431 St Kilda Road Melbourne on Friday, 18 April 2008 at 3:30 pm to consider the following business

1. to confirm the minutes of the last Annual General Meeting, held on 19 April 2007.
2. to consider and, if thought fit, to approve the Report of the Committee for the year ended 31 December 2007.
3. to consider and, if thought, fit to approve the Financial Statements of Account for the year ended 31 December 2007.
4. to ratify, if thought fit, the increase in membership subscriptions for the ensuing year, details of which have been provided to members.
5. to elect office bearers and committee members. In this regard, the following positions become vacant and nominations are sought

President
Vice President
Secretary
Assistant secretary
Treasurer
State representatives
ACT
NSW
Qld
SA
Tas
Vic
WA

Nominations. Financial members are entitled to nominate for any of the above positions. Such nominations should be in writing, signed by two members of the Association and accompanied by the written consent of the candidate. In accordance with our Rules, such nominations should be sent to the above address not less than 21 days before the date of the meeting. Members are encouraged to become involved in the running of your Association.

5. To appoint an auditor. Mr Lindsay Hay kindly offers himself for re-appointment.

PROXIES

Members are entitled to appoint a proxy who may attend and vote in their stead. The form of proxy needs to be as is set out on the following page and needs to be lodged not later than 24 hours before the holding of the meeting. A form of proxy is attached hereto. Members are encouraged to complete and send their proxies.

AWARDS

Awards will be made at the conclusion of the meeting for the following

Ultra athlete of the year, Rising Star Awards, the Bryan Smith medal, the Cliff Young Gumboot Award and AURA points champions, male and female

Dated this 3rd day of March 2008

On behalf of the Committee



President

AUSTRALIAN ULTRA RUNNERS ASSOCIATION INC

BALANCE SHEET AT 31 DECEMBER 2007

2006		\$	\$
	MEMBERS' FUNDS		
9,119	Balance at 1 January 2007	12,073	
<u>2,954</u>	Profit/loss for year	<u>- 7,007</u>	
<u>12,073</u>	Balance at 31 December 2007		<u>5,066</u>
	ASSETS		
4,550	Fixed term investment	4,787	
14,923	Bank account	2,500	
<u>-</u>	Accounts Receivable	<u>1,100</u>	
<u>19,473</u>			8,387
	LIABILITIES		
<u>7,400</u>	Creditors (December Ultramag \$3,097, Filing fees \$74, Trophies \$150)		<u>3,321</u>
<u>12,073</u>	NET ASSETS		<u>5,066</u>
	PROFIT & LOSS STATEMENT - YEAR ENDED 31 DECEMBER 2007		
	INCOME		
13,621	Subscriptions	15,700	
7,725	Donations	230	
3,363	Insurance premiums recoveries net of premiums	2,140	
2,035	Advertising	800	
1,210	Clothing sales	500	
285	Interest	317	
<u>47</u>	Magazine sales	<u>-</u>	
<u>28,286</u>			19,687
	EXPENDITURE		
11,804	Ultramag	14,229	
5,846	Clothing purchases	3,190	
5,600	Travel expenses - Australian teams	6,400	
790	Postage	227	
506	Travel expenses - President	-	
470	Bank fees, website set up and sundries	924	
<u>316</u>	Trophies & certificates	<u>1,724</u>	
<u>25,332</u>			26,694
<u>2,954</u>	PROFIT FOR YEAR (see notes)	<u>-</u>	<u>7,007</u>

Notes:

1. In accordance with standard accounting practice, all clothing purchased has been expensed in full in the year of purchase. Sales proceeds are brought to account at the time of sale. The value of stock of clothing on hand at end December 2007 (cost approx. \$6,000, 2006 - \$4,800) has not been brought to account.
2. The cost of the December 2007 Ultramag has been brought to account in the 2007 year (\$3,097)
3. The cost of the Points Competition Prizes have not been brought to account, but are recognised when paid. This reflects the fact that the prizes lapse if not used within a 12 month period.

AUDITOR'S REPORT

I have audited the accompanying statements of Income and Expenditure for the year ended 31st December 2007

In my opinion the statements are correct and disclose a true and fair view of the transactions upon the accounts of Australian Ultra Runners Association Inc for the year ended 31 December 2007.

Lindsay W Hay
F.N.I.A.

Lindsay W Hay & Associates Pty Ltd
Accountants and Taxation Consultants
Suite 21, 456 St Kilda Road, Melbourne, Victoria. Tel 03 9866 1400 Fax 03 9866 3027
A.B.N 41 005 757 951

AURA – ROLL OF HONOUR

President	
1987 – 2000	Geoff Hook
2000 - 2001	Paul Ashton
2001 - 2002	Gary Parsons
2002 -	Ian Cornelius
Vice President	
1987 - 2000	Tony Rafferty
2000 - 2004	Nigel Aylott
2004 - 2005	Phil Essam
2006 - 2007	Paul Every
2007 -	Kevin Cassidy
Secretary	
1987 - 2000	Dot Browne
2000 - 2002	Phil Essam
2002 - 2004	Ian Clarke
2005 - 2005	Fred Brooks
2005 - 2007	Sandra Howorth
2007 -	Jonathan Blake
Treasurer	
1987 - 2000	Colin Browne
2000 - 2001	Sheila Hunter
2001 - 2003	Graham Ives
2004 - 2007	Warren Holst
2008	Paul Monks
Ultra Athlete of the Year – (introduced 2002)	
2002	Yiannis Kouros, no female award
2003	Yiannis Kouros, no female award
2004	David Criniti, no female award
2005	Jonathan Blake, Emma Murray
2006	Kelvin Marshall, Siri Terjesen
2007	Tim Cochrane, June Petrie
Rising star award – (introduced 2004)	
2004	Felicity Joyce, (no award for opposite sex)
2005	Chris Hills/James Turner, Tamyka Bell
2006	Chris Hills
2007	Nathan Fawkes
Cliff Young award (best performance O60 24 hrs)	
2003	Brian Evans
2004	David Jones
2005	Vlastik Skvaril
2006	Deryck Skinner
2007	Tony Collins
AURA aggregate points competition	
2002	Stan Miskin, Shirley Young
2003	Kelvin Marshall, Carol Baird
2004	Kelvin Marshall, Carol Baird
2005	Peter Lahiff, Carol Baird
2006	Siri Terjesen (no award for opposite sex)
2007	Tim Cochrane
Life members	
Geoff Hook	Inducted 2003
Dot Browne	Inducted 2003
Colin Browne	Inducted 2003
Tony Rafferty	Inducted 2005
Jerry Riley	Inducted 2005
Kevin Cassidy	Inducted 2006
Hall of Fame	see http://www.aura.asn.au/HallOfFame.html

NOMINATION FOR ELECTION TO THE COMMITTEE

I hereby nominate for election to the Committee for the position of

To be determined at the Annual General Meeting to be held in Melbourne on Friday 18 April 2008.

Name Signature

Address

Proposer Signature

Secunder Signature

Send to Box 282 Runaway Bay Qld 4216 by 11 April 2008

FORM OF APPOINTMENT OF PROXY

I, of
.....

being a member of AUSTRALIAN ULTRA RUNNERS' ASSOCIATION INC hereby appoint
..... of
.....

being a member of that Incorporated Association, as my proxy to vote for me on my behalf at the general meeting of the Association (annual general meeting or special general meeting, as the case may be) to be held on the day of 20..... and at any adjournment of that meeting. If my proxy fails to attend the meeting, I appoint the Chairman of the meeting to be my proxy.

My proxy is authorised to vote for the resolution(s) as follows. (Tick one box)

	<u>For</u>	<u>Against</u>	At discretion of proxy
Motion 1- approve minutes 2007	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Motion 2 – accept report of committee	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Motion 3 – accept statements of account	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Motion 4 - election of office-bearers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Motion 5 – appointment of auditor	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Signed: Date:/...../20.....

This form must be sent to the Australian Ultra Runners' Association Inc. at PO Box 282 Runaway Bay Qld 4216, to arrive no later than 48 hours before the scheduled time of the meeting.

- NOTES:**
1. If you do not know of a person who will be attending the meeting, you may appoint the "Chairman of the Meeting" in which case an address is not required.
 2. If you fail to specify your intentions clearly, the proxy vote will be informal.
 3. Only members who are not unfinancial are entitled to vote. (A member becomes unfinancial if his annual subscription is unpaid after a period of 3 months has elapsed from its due date.)