



**AUSTRALIAN ULTRA RUNNERS ASSOCIATION INC**

ANNUAL REPORT 2005  
&  
NOTICE OF MEETING



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## ANNUAL REPORT - 2005

Dear Members

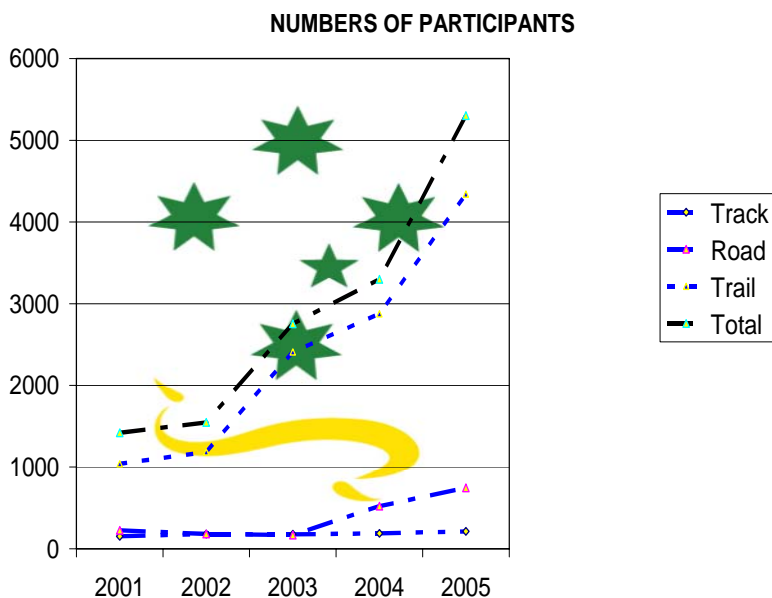
Your committee is pleased to report on the activities of your Association for the year ended 31 December 2005.

### OVERVIEW AND FUTURE DIRECTION

The purpose of the Association is to promote the sport of ultra-running (events longer than a standard marathon).

In this regard, your committee is desirous of attracting more runners to ultra events in the first instance and secondly, in improving the quality of performances.

Your committee is pleased to report that the number of participants in ultra events in Australia has increased significantly over the last 5 years, as follows



Although the largest increase was in trail events, nonetheless there have been significant increases in numbers of participants in road and track events.

On the world stage, the IAU is giving special attention to the 50 km & 100 km road and the 24 hr track events.

In terms of quality of performances, we can report improvements as follows:-

## 100 km road

	2001	2002	2003	2004	2005
Sub 7 hr					
7-8 hr	1	3	3	5	3
8-9 hr	1		3		4
9-10 hr	7		1	1	9
<b>Total sub 10 hr</b>	<b>9</b>	<b>3</b>	<b>7</b>	<b>6</b>	<b>16</b>
10-12 hr	5	4	15	9	13
<b>Total sub 12 hr</b>	<b>14</b>	<b>7</b>	<b>22</b>	<b>15</b>	<b>29</b>

Our team to contest the World Challenge at Lake Saroma in June 2005, acquitted itself well, finishing a creditable 8<sup>th</sup> in the teams section. Details were:-

Pos	Name	Time
12th	Jonathan Blake	7:08:57
27th	Mike Wheatley	7:36:33
58th	Mark Hutchinson	9:08:38

Unfortunately Mark suffered a hamstring strain and it was a great credit to him that he struggled on to finish the event.

## 24 hr track

	2001	2002	2003	2004	2005
>240					1
220-240				1	
200-220		1	1	2	
180-200	1		3	5	7
160-180	2	7	6	13	14
<b>Total 160+</b>	<b>3</b>	<b>8</b>	<b>10</b>	<b>21</b>	<b>22</b>

24 hour track races have been in serious decline since the 1980's when they were used as qualifying races for Westfield Sydney-Melbourne entry requirements. However, a team has been selected to represent Australia in the World Challenge in Taiwan on 25 February 2006 and it is hoped that there will be a gradual revival of this event. The team members are Paul Every (Capt), Mick Francis, Martin Fryer and Simon Phillips. We wish them well.

## Record achievements

Records are maintained by AURA for track races and road races where the course is certified as to accuracy. Records are not maintained for trail races or road races which are not accurately measured. Several athletes broke world and Australian records during the year. They were

*Yiannis Kouros*, Colac - November 2005. World 6 day open and world M45 100 mile, 500 km, 1000 km, 500 mile, 12-24-48 hours and 6 days.

*Ken Matchett*, Colac – November 2005. M80 World 100 miles, 48 hr and 200km. Coburg April 2005 M80 Aust 50 miles 13:20:50; 12 hr 73.702km.

*Stan Miskin*, Colac – November 2005. M80 World 6 days. Stan's performances over 100 mile and 48 hours achieved in the latter stages of the race were superior to Ken's, but may not be allowed because of the non-recognition of splits achieved in the latter stages of races.

*Vlastik Skvaril*, Colac – November 2005. M65 Aust 200km and 48 hr.

*Dawn Parris*, Colac – November 2005. W50 Aust 48 hr and 200 km

*Carol Baird*, W55 various venues, 50km track 4:54:58; 50km road 4:18:51; 100km track 11:01:24; 200km track 27:03:43; 50 miles track 8:31:28; 100 mile track 8:50:19; 6hr track 59.600 km; 12 hr track 108.800; 24 hr track 194.945km; 48 hr track 298.089.

*Peter Lahiff*, M65 Canberra April 2005 50 km road 4:32:45km; M70 various venues, 100km road 12:28:52; 50 miles road 9:37:17; 12 hr road 97.624km; 50 miles track 9:22:10; 12 hrs track 98.270km.

*Bruce Renwick*, M55 Canberra April 2005 50km road 3:43:08.

*Shirley Young* W75 Coburg April 2005 6 hrs 49.324; Adelaide October 2005 50km 5:55:50; 6hr 50.540km.

*Val Chesterton*, W60 Coburg April 2005 100km 19:33:44; 24 hr 109.567km.

*Fred Brooks* M70 Gold Coast August 2005 100 miles 25:37:16 (walked).

*Deryck Skinner* M70 Adelaide October 2005 100km 13:10:44; 100 miles 22:39:55; 24 hours 158.617 (walked). Deryck is believed to be the first person in the world of O70 to walk 100 miles inside 24 hours.

*Note: All record claims from Colac are yet to be ratified, pending receipt of final results.*

Congratulations to all of the foregoing athletes and our apologies in advance if there have been any omissions.

## **NATIONAL CHAMPIONSHIPS**

AURA recognises 5 races annually as Championship events. They are the 100 km road race, the 24 hours, 48 hours and 6 day track races; and one trail race, determined annually on a rotational basis. These championships are for AURA members only.

### **100 km road race**

The national 100 km road championship was conducted as part of the Gold Coast 100, held on 16 July 2005.

*Placegetters were*

	<b>Name</b>	<b>State</b>	<b>Time</b>
Male 1	Darren Benson	NSW	7:47:17
Male 2	Simon Phillips	Tas	8:12:18
Male 3	Brett Worley	ACT	8:42:58
Female 1	Mignon Augusczzak	Qld	11:39:09

AR: Male 6:29.26 Tim Sloan Tas 23 Apr 1995; Female 7:40.57 Linda Meadows, NZ 19 Nov 1995

### **24 hours Australian track championships**

These were again hosted by the Sri Chinmoy Marathon Team in Adelaide and were held on 15 – 16 October 2005.

*Placegetters were*

	<b>Name</b>	<b>State</b>	<b>Distance - km</b>
1 <sup>st</sup> AURA female (2)	Carol Baird	ACT	194.945
1 <sup>st</sup> AURA male (3)	David Billett	SA	172.747
2 <sup>nd</sup> AURA male (4)	Tony Collins	NSW	168.599
3 <sup>rd</sup> AURA male (5)	Deryck Skinner **	SA	166.033

\*\* M70 Aust records for 50 mile, 12 hr and 100 mile walk and World Records for 100 mile and 24 hour walk.

AR: Male 303.306 Yiannis Kouros, Adelaide 4 Oct 1997; Female 229.080 Helen Stanger, Coburg 23 Aug 1998

### **48 hours Australian track championships**

These were conducted on the Gold Coast as part of the Gold Coast 24-48 hours festival, on 19 - 21 August 2005.

*Placegetters were*

	<b>Name</b>	<b>State</b>	<b>Distance - km</b>
1 <sup>st</sup> AURA male (1)	Tony Collins		314.079
1 <sup>st</sup> AURA female (2)	Carol Baird **		298.089
2 <sup>nd</sup> AURA male (4)	John Timms		251.601
3 <sup>rd</sup> AURA male (5)	Peter Anderson		230.880

\*\* F55 Aust records for 50 miles, 100 kms, 100 miles, 200 kms, 12 hours & 48 hours plus world records for 12 hours and 100 miles.

AR: Male 473.797 Yiannis Kouros, Surgeres France, 3 May 1996; Female 329.256 Helen Stanger, Lota Qld 2 June 1995

### **6 days Australian track championships**

The Australian 6 days race was again hosted by the Cliff Young Australian 6 day race committee at Colac in Victoria and was held from 20 – 26 November 2005.

*Placegetters were*

	<b>Name</b>	<b>State</b>	<b>Distance – kms</b>
1 <sup>st</sup> Aust male (1)	Yiannis KOUROS	Vic	1036.800
2 <sup>nd</sup> Aust male (5)	Peter HOSKINSON	Tas	704.000
3 <sup>rd</sup> Aust male (6)	Vlastik SKVARIL (O60)	Tas	678.000
1 <sup>st</sup> Aust female (8)	Dawn PARRIS	Vic	640.000
2 <sup>nd</sup> Aust female (12)	Sarah BARNETT		516.38
3 <sup>rd</sup> Aust female (19)	Heather KICK		448.17

AR: Male 1036.800 Yiannis Kouros, Colac, November 2005; Female: 738.903 Georgina McConnell, Campbelltown 19 Nov 1990

### **Australian Trail Race Championship**

The event selected for 2005 was the 6 Foot Track Marathon held on 12 March 2005.

*Placegetters were*

	<b>Name</b>	<b>State</b>	<b>Time</b>
1 <sup>st</sup> AURA male (1)	Daniel Green	ACT	3:28:40
2 <sup>nd</sup> AURA male (4)	Jonathan Blake	NSW	3:36:22
3 <sup>rd</sup> AURA male (5)	Trevor Jacobs	ACT	3:37:49
1 <sup>st</sup> AURA female (47)	Dawn Tiller	NSW	4:32:34
2 <sup>nd</sup> AURA female (58)	Julie Quinn	ACT	4:39:18
3 <sup>rd</sup> AURA female (128)	Carol Baird	ACT	5:01:33

RR: Male – Don Wallace (Qld) 3:24:44 (1991); Female - Emma Murray (ACT) 3:44:04 (2005)

## **OPERATIONS**

**Records & AURA points.** David Billett has the unenviable and painstaking task of seeking out race results from race directors, sifting through the results to determine who are AURA members, allocating the appropriate number of points, checking for records, scrutinising lapsheets etc. Thanks to David for a job well done. Full details appear or records awarded and pints gained appear in each issue of Ultramag.

**100, 200 & 250 Club.** This award is made to those who have achieved 100 mile, 200 km and 250 km in 24 hours track. To qualify it is essential that the feat be achieved on a standard athletic track or, if on a road course, then one that has been properly measured by AURA. It will also need to be performed in a race (not a solo run) and verified by the Race Director. Those who achieve this feat will be included in the 100, 200 or 250 Club listing which will appear from time to time in AURA's official publication, Ultramag and on the website. A commemorative polo shirt is available for purchase. Runners who have achieved this feat in the past will be automatically recognised.

**Ultramag.** Kevin Cassidy does a superb job in producing Ultramag, AURA's official publication. The magazine, produced quarterly, contains details of forthcoming races, race results, race reports, various stories, pictures and details of records. The publication has been upgraded to include more pics and a colour cover. There will be some advertising content, the purpose of which is to defray costs of publication. The magazine is far more attractive with the colour content. We commend Kevin for his untiring efforts in publishing Ultramag and we thank Bruce and Sue Cook for their skills in assisting with the transformation to part and, hopefully eventually, full colour.

**Website.** Thanks to Kevin Tiller of <http://www.coolrunning.com.au/> who provides the link through [www.ultraoz.com](http://www.ultraoz.com). There is a wealth of information on the website, including race calendar, race results, records and stories.

**Ultra Hosts Network.** This initiative, introduced by David Criniti, is essentially an exchange program for AURA members. Anybody who is willing to host a runner, coming to compete at a local

race, in turn is provided with a list of other hosts, and will thus have the opportunity to be hosted by a fellow ultra runner, free of charge, whilst competing away from home.

UHN has already attracted members from 6 states across Australia, and will hopefully continue to enjoy a healthy growth throughout its first year. As well as making travelling cheaper for AURA members, and promoting networking amongst members, it is also hoped that the initiative will help boost participation rates for some of Australia's smaller ultramarathons.

**Running apparel.** A new range of apparel is available including polo shirts, AURA 100 club shirts, tee shirts, running singlets and caps. Please support AURA by wearing this apparel at the events you contest. For further information contact the clothing officer, Sandra Howorth on 0407 301 058.

**New Logo.** As you may see from the report, a new logo has been adopted. Sincere thanks to David Waugh for his assistance in this regard.

## **AWARDS AND PRIZES**

**Australian Male Ultra Runner of the Year.** Jonathan Blake (41) from Illawong, NSW. Jonathan placed 4<sup>th</sup> in Six Foot Track 45km) in March; won the Canberra 50 km in March with 3:10:44; represented Australia at the World 100 km championships in June finishing in 7:08, the best time by an Australian in 6 years; won the Fitzroy Falls marathon in October in a course record time, then backed up the following week to win the 55 km Brindabella Classic.

**Australian Female Ultra Runner of the Year.** Emma Murray (27) from Canberra, ACT. Emma is a very accomplished rogainer and mountain runner. Emma won the Six Foot track in March in a new course record time; won the World Long Course Mountain Running Championships (42 km) in the French Pyrenees in August; and won the 55 km Brindabella Classic in October.

**Rising Star Awards.** This award is to the 25's and under who showed outstanding potential. The male award this year goes to two recipients. They are Chris Hills (20) from Tasmania who placed 5<sup>th</sup> in the Gold Coast 100 Km in 9:02:54, going through the 50 km mark in 3:45:12; and Jim Turner, also 20, from Kingscliffe NSW, who won the Kurrawa race (about 48 km in very hot conditions) in a time of 3:39:07. The committee was unable to determine a clear winner and so the award is made to both of them. The female award goes to Tamyka Bell, (25). Tamyka ran her first ultra in September (Glasshouse 50 km) and followed that up with a 3<sup>rd</sup> placing at Kurrawa to Duranbah on 11 December.

**Cliff Young Gumboot award.** This award is to the best-performed, male or female, O60 AURA member at 24-hrs track. This award goes to Vlastic Skvaril Tas (66) who ran 168.40km in the first 24 hours at the Colac 6 day race in November.

**Bryan Smith Award.** This award is to the AURA member who, in the opinion of the committee, has made a major contribution to the sport of ultrarunning, especially in the year under review. This year the award goes to Bill Sutcliffe, the President of the Colac Race Committee. Bill has been instrumental firstly in ensuring the continuance of the race and secondly, in making it the huge success it was in 2005.

**AURA points award.** This award is determined by a complex points system where the AURA member receives one point for starting, one point for each 100 km run, bonus points for placing and bonus points for breaking Australian or world records. For 2005, the male award goes to Peter Lahiff (70) from Townsville and the female award, for the third consecutive year, goes to Carol Baird (56) from Canberra. Both are prolific record breakers.

<b>Male</b>	<b>Points</b>	<b>Female</b>	<b>Points</b>
Peter LAHIFF	33	Carol BAIRD	49
Peter ANDERSON	26	Shirley YOUNG	29
Kelvin MARSHALL	26	Faith ANDERSON	19

## **FINANCIAL & LEGAL**

**Results and position.** The accompanying statements of account reveal an excess of income over expenditure of \$1,072 (2004, loss \$4,325). This is struck after Ultramag printing of \$10,606 (2004, \$10,342) and travel expense for overseas teams \$6,380 (2004 nil). Total revenues amounted to \$22,633 (2004, \$9,150). Donations amounted to \$607, for which we thank the donors concerned. The current assets at year-end amounted to \$9,119 (2004, \$8047). No value is ascribed to unsold clothing, the cost of which is written off in full when purchased.

Additional costs are being incurred in publishing the upgraded Ultramag but it is expected that these will be offset by additional revenue from subscriptions, clothing orders, advertising revenue etc. Your committee is very proud of the fact that, at long last, we have been able to make a meaningful contribution to the cost of sending representative teams overseas.

Overall, your Association's financial position, when considered in conjunction with planned initiatives, is considered to be sound.

**Memberships.** Memberships at year end remained steady at approximately 260. It is hoped that with more and more publicity for events that event numbers will continue to increase, as well as the number of AURA members. Members are asked to encourage others to join. It is considered that AURA offers a considerable amount for its members with the new colour magazine, championship races, rankings, records, 100 club, points race and the Ultra Hosts Network, various awards etc.

## **AUSTRALIAN ATHLETIC FEDERATION**

Your Association became a member of the Australian Athletic Federation (AAF) in November 2002. Other members comprise Athletics Australia (AA), Australian Track & Field Coaches Association, Australian Masters Athletics Inc., Australian Athletic Confederation (pro runners), School Sport Australia, Australian Federation of Race Walking Clubs and Australian Mountain Runners Association Inc. The objective is to have one unified body to advance the interests of the various members of the athletic family. We acknowledge the assistance and support of Athletics Australia, the principal and dominant member, for which we are most grateful.

## **APPRECIATION**

Finally, I wish to thank my Vice president Phil Essam, Secretaries Ian Clarke, Fred Brooks and Sandra Howorth, Treasurer Warren Holst, Registrar Secretary David Criniti, webmaster Kevin Tiller, Ultramag editor Kevin Cassidy, Media Officer Colin Colquhoun and other committee members and state representatives, numerous Race Directors and many members of AURA for their assistance and support.

On behalf of the committee



President  
24 February 2006

## BALANCE SHEET AT 31 DECEMBER 2005

2004			
	<b>MEMBERS' FUNDS</b>		
12232	Balance at 1 January 2005	8047	
		<hr/>	
-4325	Profit/loss for year	1072	
<b>8047</b>	Balance at 31 December 2005		<b>9119</b>
			<hr/>
	<b>ASSETS</b>		
11945	Fixed term investment	4329	
486	Bank account	2827	
-	Credit card proceeds awaiting transfer	4101	
-	Debtor (advertising)	675	
		<hr/>	
<b>12431</b>			11932
			<hr/>
	<b>LIABILITIES</b>		
4384	Creditor (December Ultramag \$2190; President's expenses \$623)		2813
			<hr/>
<b>8047</b>	<b>NET ASSETS</b>		<b>\$ 9,119</b>
			<hr/>
	<b>PROFIT &amp; LOSS STATEMENT - YEAR ENDED 31 DECEMBER 2005</b>		
	<b>INCOME</b>		
7231	Subscriptions	15722	
	Insurance premium recoveries	2465	
	Advertising	1875	
271	Clothing sales	1552	
1110	Donations	607	
538	Interest	412	
		<hr/>	
9150			22633
			<hr/>
	<b>EXPENDITURE</b>		
10342	Ultramag	10606	
	Travel expenses - Australian teams	6380	
500	Clothing purchases	1829	
1311	Trophies & certificates	878	
967	Travel expenses - President (Note 3)	623	
	Postage	482	
355	Bank fees, athletics levies and sundries	763	
		<hr/>	
13475			21561
			<hr/>
<b>-4,325.00</b>	<b>PROFIT / - LOSS FOR YEAR (Notes 1 &amp; 2)</b>		<b>\$ 1,072</b>
			<hr/>

### Notes:

1. In accordance with standard accounting practice, all clothing purchased has been expensed in full in the year of purchase. Sales proceeds are brought to account at the time of sale. The stock of clothing on hand at end December 2005 is predominantly 100 club polo shirts, for which no value is ascribed.
2. The cost of the December 2005 Ultramag has been brought to account in the 2005 year.



## AUDITOR'S REPORT

I have audited the accompanying statements of Income and Expenditure for the year ended 31st December 2005. In my opinion the statements are correct and disclose a true and fair view of the transactions upon the accounts of Australian Ultra Runners Association Inc for the year ended 31 December 2005.

Lindsay W Hay  
F.N.I.A.

Lindsay W Hay & Associates Pty Ltd  
Accountants and Taxation Consultants  
Suite 21, 456 St Kilda Road, Melbourne, Victoria. Tel 03 9866 1400 Fax 03 9866 3027  
A.B.N 41 005 757 951

### NOTICE OF ANNUAL GENERAL MEETING & PRIZEGIVING

NOTICE is hereby given that the 20<sup>th</sup> Annual General Meeting of the Australian Ultra Runners Association Inc will be held in the Boardroom of the Australian Athletic Federation at Suite 22, Fawkner Towers, 431 St Kilda Road, Melbourne Vic 3004 at 5:00 pm on Thursday 27 April 2006 to consider the following business

1. to confirm the minutes of the last Annual General Meeting, held on 28 April 2005.
2. to consider and, if thought fit, to approve the Report of the Committee for the year ended 31 December 2005.
3. to consider and, if thought, fit to approve the Financial Statements of Account for the year ended 31 December 2005.
4. to elect office bearers and committee members. In this regard, the following office bearers retire and, being eligible, offer themselves for re-election.

President	Ian Cornelius
Vice President	Phil Essam
Secretary	Sandra Howorth
Assistant secretary	David Criniti
Treasurer	Warren Holst
State representatives	
ACT	Trevor Jacobs
NSW	Paul Every
	Sean Greenhill
Qld	Gary Parsons
SA	Jerry Zukowski
Tas	Tim Sloan
Vic	Kevin Cassidy
WA	Gary Carlton

Nominations. Financial members are entitled to nominate for any of the above positions. Such nominations should be in writing, signed by two members of the Association and accompanied by the written consent of the candidate. In accordance with our Rules, such nominations should be sent to the above address not less than 21 days before the date of the meeting. Members are encouraged to become involved in the running of your Association.

5. To appoint an auditor. Mr Lindsay Hay kindly offers himself for re-appointment.

### PROXIES

Members are entitled to appoint a proxy who may attend and vote in their stead. The form of proxy needs to be as is set out on the following page and needs to be lodged not later than 24 hours before the holding of the meeting. A form of proxy is attached hereto. Members are encouraged to complete and send their proxies.

## **AWARDS**

Awards will be made at the conclusion of the meeting for the following

Ultra athlete of the year, Rising Star Awards, the Bryan Smith medal, the Cliff Young Gumboot Award and AURA points champions, male and female

Dated this 2<sup>nd</sup> day of March 2006

On behalf of the Committee

A handwritten signature in black ink, appearing to read "Ian Boucsein". The signature is written in a cursive style with a large initial "I".

President

## AURA – ROLL OF HONOUR

<b>President</b>	
1987 – 2000	Geoff Hook
2000 - 2001	Paul Ashton
2001 - 2002	Gary Parsons
2002 -	Ian Cornelius
<b>Vice President</b>	
1987 - 2000	Tony Rafferty
2000 - 2004	Nigel Aylott
2004 -	Phil Essam
<b>Secretary</b>	
1987 - 2000	Dot Browne
2000 - 2002	Phil Essam
2002 - 2004	Ian Clarke
2005 - 2005	Fred Brooks
2005 -	Sandra Howorth
<b>Treasurer</b>	
1987 - 2000	Colin Browne
2000 - 2001	Sheila Hunter
2001 - 2003	Graham Ives
2004 -	Warren Holst
<b>Ultra Athlete of the Year – male (introduced 2002)</b>	
2002	Yiannis Kouros
2003	Yiannis Kouros
2004	David Criniti
2005	Jonathan Blake
<b>Ultra Athlete of the Year – female (introduced 2005)</b>	
2005	Emma Murray
<b>Rising star award – male (introduced 2005)</b>	
2005	Jim Turner & Chris Hills
<b>Rising star award – female (introduced 2004)</b>	
2004	Felicity Joyce
2005	Tamyka Bell
<b>Cliff Young award (best performance O60 24 hrs)</b>	
2003	Brian Evans
2004	David Jones
2005	Vlastik Skvaril
<b>AURA aggregate points competition - male</b>	
2002	Stan Miskin
2003	Kelvin Marshall
2004	Kelvin Marshall
2005	Peter Lahiff
<b>AURA aggregate points competition - female</b>	
2002	Shirley Young
2003	Carol Baird
2004	Carol Baird
2005	Carol Baird
<b>Life members</b>	
Geoff Hook	Inducted 2003
Dot Browne	Inducted 2003
Colin Browne	Inducted 2003
Tony Rafferty	Inducted 2005
Jerry Riley	Inducted 2005
<b>Hall of Fame</b>	
Mike McNamara	Inducted December 2004
Herbert Hedemann	Inducted March 2005
William King (The Flying Pieman)	Inducted March 2005
Percy Cerutti	Inducted June 2005
George Perdon	Inducted September 2005
Tony Rafferty	Inducted December 2005

**NOMINATION FOR ELECTION TO THE COMMITTEE**

I hereby nominate for election to the Committee for the position of

To be determined at the Annual General Meeting to be held in Melbourne on Thursday 27 April 2006.

Name Signature

Address

Proposer Signature

Secunder Signature

Send to Box 282 Runaway Bay Qld 4216 by 6 April 2006

**FORM OF APPOINTMENT OF PROXY**

I, ..... of  
.....

being a member of AUSTRALIAN ULTRA RUNNERS' ASSOCIATION INC hereby appoint

..... of  
.....

being a member of that Incorporated Association, as my proxy to vote for me on my behalf at the general meeting of the Association (annual general meeting or special general meeting, as the case may be) to be held on the ..... day of ..... 20..... and at any adjournment of that meeting. If my proxy fails to attend the meeting, I appoint the Chairman of the meeting to be my proxy.

My proxy is authorised to vote for the resolution(s) as follows. (Tick one box)

	<b><u>FOR</u></b>	<b><u>AGAINST</u></b>	<b><u>AT DISCRETION OF PROXY</u></b>
Motion 1- approve minutes 2005	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Motion 2 – accept report of committee	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Motion 3 – accept statements of account	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Motion 4 - re-elect retiring office-bearers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Motion 5 – reappointment of auditor	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Signed: .....

Date: ...../...../20.....

This form must be sent to the Australian Ultra Runners' Association Inc. at PO Box 282 Runaway Bay Qld 4216, to arrive no later than 48 hours before the scheduled time of the meeting.

- NOTES:**
1. If you do not know of a person who will be attending the meeting, you may appoint the "Chairman of the Meeting" in which case an address is not required.
  2. If you fail to specify your intentions clearly, the proxy vote will be informal.
  3. Only members who are not unfinancial are entitled to vote. (A member becomes unfinancial if his annual subscription is unpaid after a period of 3 months has elapsed from its due date.)