

6 HOUR DISTANCES IN 2011

Includes all distances from certified road, track or trail races held up to **23rd December**.

Surname	First Name	Age	State	Venue	km	Date	Gender	Surface
Staeher	David	33	VIC	Coburg, VIC	79.698	05-Mar-11	M	Track
Mannix	Kevin	41	VIC	Coburg, VIC	76.430	05-Mar-11	M	Track
Pearson	John	39	QLD	Caboolture, QLD	74.368	31-Jul-11	M	Road
Fryer	Martin	49	ACT	Centenial Park, NSW	74.340	27-Feb-11	M	Trail
Louw	Eric	47	VIC	Coburg, VIC	73.224	05-Mar-11	M	Track
Clarke	Michael		VIC	Coburg, VIC	71.300	05-Mar-11	M	Track
Reynolds	Geoff	48		Cannington, WA	71.031	06-Mar-11	M	Track
Scholz	Sharon	34	VIC	Brisbane, QLD	70.800	18-Jun-11	F	Track
Francis	Mick	52	WA	Cannington, WA	70.638	06-Mar-11	M	Track
Scholz	Sharon	34	VIC	Launceston, TAS	69.600	16-Jan-11	F	Track
Savage	Zac	35	SA	Adelaide, SA	69.268	16-Jul-11	M	Trail
Kruk	Joanna	24		Adelaide, SA	69.223	16-Jul-11	F	Trail
Fryer	Martin	50	ACT	Soochow, Taipei	68.800	10-Dec-11	M	Track
Worswick	Jonathan	47	NSW	Centenial Park, NSW	68.140	27-Feb-11	M	Trail
Truloff	Gregory	37	QLD	Brisbane, QLD	67.798	18-Jun-11	M	Track
Cooke	Rick	41	VIC	Coburg, VIC	67.753	05-Mar-11	M	Track
McClellan	Darren	38	NSW	Narrabeen, NSW	67.666	08-Jan-11	M	Road
Butterfield	Nicole	30		Adelaide, SA	67.522	16-Jul-11	F	Trail
Francis	Mick	52	WA	Launceston, TAS	67.200	16-Jan-11	M	Track
Cooper	Sean	42		Cannington, WA	66.850	06-Mar-11	M	Track
Delmas	Stehane	36		Narrabeen, NSW	66.667	08-Jan-11	M	Road
Pearson	John	39	QLD	Brisbane, QLD	66.000	18-Jun-11	M	Track
Kelly	Chris	35	VIC	Moe, VIC	65.200	12-Nov-11	M	Track
Dakin	Mark	40	NSW	Centenial Park, NSW	64.600	27-Feb-11	M	Trail
Annett	Noel	46	NSW	Centenial Park, NSW	64.600	27-Feb-11	M	Trail
Devine	Allan	51	SA	Coburg, VIC	64.557	05-Mar-11	M	Track
Scholz	Justin	36	VIC	Coburg, VIC	64.073	05-Mar-11	M	Track
Slagter	Michael		SA	Adelaide, SA	64.018	16-Jul-11	M	Trail
Bremner	Kerrie	45	ACT	Coburg, VIC	64.000	16-Apr-11	F	Track
Francis	Mick	52	WA	Coburg, VIC	64.000	16-Apr-11	M	Track
Mills	Adrian			Adelaide, SA	63.653	16-Jul-11	M	Trail
Bremner	Kerrie	45	ACT	Brisbane, QLD	63.645	18-Jun-11	F	Track
Marsh	Ken	55	VIC	Coburg, VIC	63.569	05-Mar-11	M	Track
Dakin	Mark	39	NSW	Narrabeen, NSW	63.333	08-Jan-11	M	Road
Waugh	David	39	QLD	Caboolture, QLD	63.000	30-Jul-11	M	Road
Marsh	Trevor	49	VIC	Coburg, VIC	62.630	05-Mar-11	M	Track
Scholz	Justin	36	VIC	Coburg, VIC	62.400	16-Apr-11	M	Track
Ziogos	Anne	54	VIC	Coburg, VIC	62.149	05-Mar-11	M	Track
Davis	Garry	50		Adelaide, SA	61.605	16-Jul-11	M	Trail
Allen	Trevor	34	QLD	Brisbane, QLD	61.600	18-Jun-11	M	Track
Allen	Trevor	34	QLD	Coburg, VIC	61.200	16-Apr-11	M	Track
Deany	David	29	NSW	Centenial Park, NSW	61.060	27-Feb-11	M	Trail
Williams	Mark	36	NSW	Centenial Park, NSW	61.060	27-Feb-11	M	Trail
Every	Paul	46	NSW	Centenial Park, NSW	61.060	27-Feb-11	M	Trail
Muston	Pam	50	NSW	Centenial Park, NSW	61.060	27-Feb-11	F	Trail
Siemonek	Amie	20	VIC	Narrabeen, NSW	61.000	08-Jan-11	F	Road
Wholey	Grant	47		Cannington, WA	60.920	06-Mar-11	M	Track
Cooke	Rick	41	VIC	Coburg, VIC	60.800	16-Apr-11	M	Track
Kelly	Mike	66		Cannington, WA	60.800	06-Mar-11	M	Track
Jennings	Natalie	41	NSW	Coburg, VIC	60.800	16-Apr-11	F	Track
Abrey	David	29		Brisbane, QLD	60.420	18-Jun-11	M	Track
Sullivan	Keith	58	QLD	Coburg, VIC	60.400	16-Apr-11	M	Track

6 HOUR DISTANCES IN 2011

Includes all distances from certified road, track or trail races held up to **23rd December**.

Stratford	Luke	29 VIC	Moe, VIC	60.200	12-Nov-11	M	Track
Loftus	William	52	Adelaide, SA	60.094	16-Jul-11	M	Trail
Cooper	Josh	26 NSW	Narrabeen, NSW	60.000	08-Jan-11	M	Road
Fryer	Martin	49 ACT	Caboolture, QLD	60.000	29-Jul-11	M	Road
Easton	Brett	28	Narrabeen, NSW	60.000	08-Jan-11	M	Road
Cunningham	Dipali	52	Czech Republic	60.000	29-Jul-11	F	Road
Canty	Mike	50 QLD	Brisbane, QLD	60.000	18-Jun-11	M	Track
Hunter	Hugh	50 VIC	Coburg, VIC	59.378	05-Mar-11	M	Track
Pettingill	Shane	43 VIC	Coburg, VIC	59.373	05-Mar-11	M	Track
Miller	Lachlan	38	Adelaide, SA	59.362	16-Jul-11	M	Trail
Kruger	Brad	39	Caboolture, QLD	59.000	30-Jul-11	M	Road
Draper	Shane	37 VIC	Coburg, VIC	58.896	05-Mar-11	M	Track
Orchard	Scott	38 VIC	Coburg, VIC	58.800	16-Apr-11	M	Track
Carson	Max	62 VIC	Adelaide, SA	58.717	16-Jul-11	M	Trail
Every	Paul	47 NSW	Brisbane, QLD	58.400	18-Jun-11	M	Track
Williams	Lee	44	Caboolture, QLD	58.183	12-Feb-11	M	Road
Norris	Bernie	38	Brisbane, QLD	58.000	18-Jun-11	M	Track
Jennings	Natalie	41 NSW	Narrabeen, NSW	57.666	08-Jan-11	F	Road
Last	Geoffrey	60 QLD	Brisbane, QLD	57.600	18-Jun-11	M	Track
Storey	Ryan	26	Caboolture, QLD	57.547	12-Feb-11	M	Road
Heaton	Kevin	46 NSW	Centennial Park, NSW	57.520	27-Feb-11	M	Trail
Hanney	Roger	36 NSW	Centennial Park, NSW	57.520	27-Feb-11	M	Trail
Barlow	Nick	44 NSW	Centennial Park, NSW	57.520	27-Feb-11	M	Trail
Lapsys	Carrol	33 NSW	Centennial Park, NSW	57.520	27-Feb-11	F	Trail
McKinnon	Toby	30 VIC	Coburg, VIC	57.320	05-Mar-11	M	Track
Truloff	Gregory	36 QLD	Caboolture, QLD	57.002	12-Feb-11	M	Road
Siemonek	Amie	20 VIC	Coburg, VIC	56.754	05-Mar-11	F	Track
Bailey	Corina	37	Caboolture, QLD	56.637	12-Feb-11	F	Road
McKinnon	David	40 QLD	Brisbane, QLD	56.613	18-Jun-11	M	Track
McPhee	Jevvan	45 VIC	Coburg, VIC	56.545	05-Mar-11	M	Track
Dryden	Tracey	VIC	Coburg, VIC	56.518	05-Mar-11	F	Track
Folino	James	28 VIC	Coburg, VIC	56.443	05-Mar-11	M	Track
Yates	Seal	26	Adelaide, SA	56.401	16-Jul-11	F	Trail
Black	Paul	31 SA	Adelaide, SA	56.401	16-Jul-11	M	Trail
McKinnon	Toby	30 VIC	Adelaide, SA	56.336	16-Jul-11	M	Trail
Hooper	Craig	40 QLD	Caboolture, QLD	56.075	12-Feb-11	M	Road
Trusler	Simon	39 VIC	Coburg, VIC	56.000	16-Apr-11	M	Track
Wright	Paul	52 TAS	Caboolture, QLD	56.000	30-Jul-11	M	Road
Yates	Seal	26	Caboolture, QLD	56.000	12-Feb-11	F	Road
Marshall	Kelvin	46 QLD	Caboolture, QLD	55.935	12-Feb-11	M	Road
Bamber	James	35	Caboolture, QLD	55.346	12-Feb-11	M	Road
Saxon	Brett	45 VIC	Coburg, VIC	55.314	05-Mar-11	M	Track
Ross	Malcolm	44	Adelaide, SA	55.230	16-Jul-11	M	Trail
Wright	Paul	52 TAS	Coburg, VIC	55.200	16-Apr-11	M	Track
Johnson	Stephen		Narrabeen, NSW	55.167	08-Jan-11	M	Road
Donnelly	James	36	Adelaide, SA	55.004	16-Jul-11	M	Trail
Allen	Trevor	34 QLD	Caboolture, QLD	55.000	29-Jul-11	M	Road
Black	Paul	30 SA	Caboolture, QLD	55.000	12-Feb-11	M	Road
Watson	Ian	40	Brisbane, QLD	54.558	18-Jun-11	M	Track
McCormick	Richard	43 VIC	Coburg, VIC	54.471	05-Mar-11	M	Track
Sutton	Rob	50 VIC	Moe, VIC	54.372	12-Nov-11	M	Track
O'Shea	Matthew	38	Narrabeen, NSW	54.333	08-Jan-11	M	Road
Hanney	Roger	36 NSW	Narrabeen, NSW	54.333	08-Jan-11	M	Road
Mills	Andrew	33	Adelaide, SA	54.302	16-Jul-11	M	Trail
Boyce	Robert	49 VIC	Coburg, VIC	54.117	05-Mar-11	M	Track

6 HOUR DISTANCES IN 2011

Includes all distances from certified road, track or trail races held up to **23rd December**.

Lockwood	Glenn	47	NSW	Coburg, VIC	54.000	16-Apr-11	M	Track
Melham	Anyce (Kip)	53	NSW	Brisbane, QLD	54.000	18-Jun-11	M	Track
Lilley	Allison	40	NSW	Centennial Park, NSW	53.980	27-Feb-11	F	Trail
Thompson	Michael	50		Centennial Park, NSW	53.980	27-Feb-11	M	Trail
Matheson	Scott	28		Adelaide, SA	53.900	16-Jul-11	M	Trail
Thompson	Michelle	42	VIC	Coburg, VIC	53.784	05-Mar-11	F	Track
Gibbons	Wayne	44		Caboolture, QLD	53.690	12-Feb-11	M	Road
Marsh	Trevor	49	VIC	Coburg, VIC	53.600	16-Apr-11	M	Track
Graham	Sonya	31		Brisbane, QLD	53.574	18-Jun-11	F	Track
Smith	Amanda	47	NSW	Narrabeen, NSW	53.333	08-Jan-11	F	Road
Wye	Graham	49		Narrabeen, NSW	53.333	08-Jan-11	M	Road
Emr	Mark	37		Narrabeen, NSW	53.333	08-Jan-11	M	Road
Rogers	Paul		QLD	Coburg, VIC	53.109	05-Mar-11	M	Track
Bradley	James		NSW	Caboolture, QLD	53.000	30-Jul-11	M	Road
Orr	Anna			Moe, VIC	52.998	12-Nov-11	F	Track
Tichon	Larissa	20	NSW	Narrabeen, NSW	52.833	08-Jan-11	F	Road
Ablett	Tim	34	VIC	Coburg, VIC	52.759	05-Mar-11	M	Track
Houldsworth	Steven	42	QLD	Caboolture, QLD	52.500	30-Jul-11	M	Road
Jennings	Natalie	41	NSW	Caboolture, QLD	52.500	29-Jul-11	F	Road
Brooks	Colin	57	SA	Coburg, VIC	52.400	16-Apr-11	M	Track
Houldsworth	Steven	42	QLD	Brisbane, QLD	52.400	18-Jun-11	M	Track
Kapeller	Tony	36		Adelaide, SA	52.311	16-Jul-11	M	Trail
Jack	Clarrie	65	VIC	Coburg, VIC	52.290	05-Mar-11	M	Track
Kelly	Chris	35	VIC	Caboolture, QLD	52.000	29-Jul-11	M	Road
Thorn	Julia	53	VIC	Coburg, VIC	51.857	05-Mar-11	F	Track
Parris	Leah		VIC	Coburg, VIC	51.635	05-Mar-11	F	Track
Ablett	Tim	34	VIC	Coburg, VIC	51.600	16-Apr-11	M	Track
Kelly	Chris	35	VIC	Coburg, VIC	51.600	16-Apr-11	M	Track
Emr	Mark	38		Caboolture, QLD	51.500	30-Jul-11	M	Road
Jones	David	69	VIC	Coburg, VIC	50.950	05-Mar-11	M	Track
Narywocznyk	Tynan	27		Caboolture, QLD	50.483	12-Feb-11	M	Road
McGlynn	Paul			Centennial Park, NSW	50.440	27-Feb-11	M	Trail
Boyce	Robert	49	VIC	Coburg, VIC	50.400	16-Apr-11	M	Track
Bartels	Andre	47		Cannington, WA	50.400	06-Mar-11	M	Track
Nagel	Jeremy	23	VIC	Moe, VIC	50.400	12-Nov-11	M	Track
Sullivan	Keith	59	QLD	Brisbane, QLD	50.400	18-Jun-11	M	Track
Davies	Brendan	34	NSW	Narrabeen, NSW	50.000	08-Jan-11	M	Road
Williams	Mark	36	NSW	Narrabeen, NSW	50.000	08-Jan-11	M	Road
Kraljevic	Mark	45		Narrabeen, NSW	50.000	08-Jan-11	M	Road
Warner	Marcus	39	NSW	Narrabeen, NSW	50.000	08-Jan-11	M	Road
Middleton	Robert	27	QLD	Brisbane, QLD	50.000	18-Jun-11	M	Track
Wareham	Raymond	44		Narrabeen, NSW	50.000	08-Jan-11	M	Road
Gill	Olly	32		Narrabeen, NSW	50.000	08-Jan-11	M	Road
Staehr	David	34	VIC	Moe, VIC	50.000	12-Nov-11	M	Track
Biviano	Mark			Narrabeen, NSW	50.000	08-Jan-11	M	Road
Thompson	Michelle	42	VIC	Launceston, TAS	49.800	16-Jan-11	F	Track
Thompson	Michelle	42	VIC	Coburg, VIC	49.764	16-Apr-11	F	Track
McGowan	Mark	50	QLD	Caboolture, QLD	49.500	29-Jul-11	M	Road
Blakey	Duncan	42		Adelaide, SA	49.414	16-Jul-11	M	Trail
Timms	John	68	VIC	Coburg, VIC	49.200	16-Apr-11	M	Track
Sullivan	Carol	52	QLD	Brisbane, QLD	49.200	18-Jun-11	F	Track
Owen	Ann	54		Narrabeen, NSW	49.000	08-Jan-11	F	Road
Collins	Tony	64	NSW	Caboolture, QLD	49.000	29-Jul-11	M	Road
Cameron	Grant	41		Brisbane, QLD	48.800	18-Jun-11	M	Track
Watson	Hunna	28	WA	Cannington, WA	48.534	06-Mar-11	F	Track

6 HOUR DISTANCES IN 2011

Includes all distances from certified road, track or trail races held up to **23rd December**.

Jaques	Sara	42 NSW	Caboolture, QLD	48.500	30-Jul-11	F	Road
Webber	Bruce	49 NSW	Brisbane, QLD	48.400	18-Jun-11	M	Track
Harvey-Jamieson	Susannah	38 QLD	Brisbane, QLD	48.159	18-Jun-11	F	Track
Foster	Duncan	36	Brisbane, QLD	48.000	18-Jun-11	M	Track
Vaughan	Emma	26 SA	Narrabeen, NSW	47.666	08-Jan-11	F	Road
Pluss	Martin	50	Narrabeen, NSW	47.666	08-Jan-11	M	Road
Jaques	Sara	42 NSW	Narrabeen, NSW	47.666	08-Jan-11	F	Road
Osborn	Graham	64 NSW	Narrabeen, NSW	47.666	08-Jan-11	M	Road
Boyce	Robert	49 VIC	Brisbane, QLD	47.600	18-Jun-11	M	Track
Ohlenrott	Bruce		Moe, VIC	47.289	12-Nov-11	M	Track
Higgins	Barry	73 VIC	Moe, VIC	47.200	12-Nov-11	M	Track
Duke	Daniel	25 VIC	Coburg, VIC	47.049	05-Mar-11	M	Track
Smith	Cassie	41 QLD	Caboolture, QLD	46.996	12-Feb-11	F	Road
Appleby	Steven	57 ACT	Centenial Park, NSW	46.900	27-Feb-11	M	Trail
Collins	Tony	63 NSW	Coburg, VIC	46.800	16-Apr-11	M	Track
Smith	Cassie	41 QLD	Caboolture, QLD	46.775	31-Jul-11	F	Road
Gonzalo	Fernando	32	Narrabeen, NSW	46.666	08-Jan-11	M	Road
Every	Paul	46 NSW	Narrabeen, NSW	46.666	08-Jan-11	M	Road
Glover	Brian	69 VIC	Moe, VIC	46.600	12-Nov-11	M	Track
Bollen	Karyn	56 VIC	Coburg, VIC	46.433	05-Mar-11	F	Track
Brelsford	Dave	68 TAS	Coburg, VIC	46.412	05-Mar-11	M	Track
Thorn	Julia	53 VIC	Coburg, VIC	46.000	16-Apr-11	F	Track
Bollen	Karyn	56 VIC	Coburg, VIC	45.617	16-Apr-11	F	Track
Wright	Warren	37	Caboolture, QLD	45.500	29-Jul-11	M	Road
Jordan	Steve	53 VIC	Coburg, VIC	45.019	05-Mar-11	M	Track
Duke	Daniel	25 VIC	Coburg, VIC	44.788	16-Apr-11	M	Track
Parris	Dawn	58 VIC	Coburg, VIC	44.278	05-Mar-11	F	Track
McKay	Doug	60 VIC	Coburg, VIC	44.117	05-Mar-11	M	Track
Staples	Alan	61 NSW	Caboolture, QLD	44.000	29-Jul-11	M	Road
Jordan	Steve	54 VIC	Coburg, VIC	43.958	16-Apr-11	M	Track
Timms	John	68 VIC	Coburg, VIC	43.898	05-Mar-11	M	Track
Commins	Louis	61 NSW	Coburg, VIC	43.709	05-Mar-11	M	Track
Staples	Alan	61 NSW	Coburg, VIC	43.600	16-Apr-11	M	Track
Commins	Louis	61 NSW	Coburg, VIC	43.544	16-Apr-11	M	Track
Armstrong	Neil		Centenial Park, NSW	43.360	27-Feb-11	M	Trail
Gonzalo	Anna	37	Narrabeen, NSW	43.333	08-Jan-11	F	Road
Staples	Alan	61 NSW	Narrabeen, NSW	43.333	08-Jan-11	M	Road
Sloman	Ben	26	Narrabeen, NSW	43.333	08-Jan-11	M	Road
Spano	Tony	24 NSW	Narrabeen, NSW	43.333	08-Jan-11	M	Road
Mayo	Richard	49	Narrabeen, NSW	43.333	08-Jan-11	M	Road
Bollen	Karyn	56 VIC	Moe, VIC	43.331	12-Nov-11	F	Track
Ayris	Tony	42 SA	Brisbane, QLD	43.200	18-Jun-11	M	Track
Jordan	Steve	54 VIC	Brisbane, QLD	43.129	18-Jun-11	M	Track
Jordan	Steve	54 VIC	Moe, VIC	42.996	12-Nov-11	M	Track
Parris	Dawn	58 VIC	Coburg, VIC	42.714	16-Apr-11	F	Track
McKay	Doug	60 VIC	Coburg, VIC	42.714	16-Apr-11	M	Track
Schultz	Michael	56	Brisbane, QLD	42.400	18-Jun-11	M	Track
Pendse	Jon		Cannington, WA	42.200	06-Mar-11	M	Track
Swain	Elizabeth	42 QLD	Caboolture, QLD	42.000	30-Jul-11	F	Road
Moloney	Mallani	28 QLD	Caboolture, QLD	42.000	30-Jul-11	F	Road
Jordan	Steve	53 VIC	Launceston, TAS	41.915	16-Jan-11	M	Track
Harvey-Jamieson	Susannah	38 QLD	Coburg, VIC	41.470	16-Apr-11	F	Track
Adams	Carol	49	Narrabeen, NSW	41.000	08-Jan-11	F	Road
Dwyer	Heather	49	Narrabeen, NSW	41.000	08-Jan-11	F	Road
Bates	Craig	37	Caboolture, QLD	40.571	12-Feb-11	M	Road

6 HOUR DISTANCES IN 2011

Includes all distances from certified road, track or trail races held up to **23rd December**.

McNevin	Allen	36	Caboolture, QLD	39.952	12-Feb-11	M	Road
Tichon	Larissa	20 NSW	Centennial Park, NSW	39.820	27-Feb-11	F	Trail
Morris	Kerrie	50	Caboolture, QLD	39.000	30-Jul-11	F	Road
Voitin	John	54 VIC	Coburg, VIC	38.982	16-Apr-11	M	Track
Moloney	Mallani	28 QLD	Brisbane, QLD	36.959	18-Jun-11	F	Track
Howorth	Sandra	48 VIC	Coburg, VIC	36.908	16-Apr-11	F	Track
Harris	John	60 QLD	Caboolture, QLD	36.000	30-Jul-11	M	Road
Turner	Gary	VIC	Coburg, VIC	35.689	05-Mar-11	M	Track
Thompson	Michelle	42 VIC	Moe, VIC	35.664	12-Nov-11	F	Track
Gray	Peter	46 VIC	Coburg, VIC	34.000	16-Apr-11	M	Track
Trad	Eric	66 NSW	Brisbane, QLD	32.761	18-Jun-11	M	Track
Macrea	David	51 VIC	Coburg, VIC	32.347	16-Apr-11	M	Track
Kelly	Diana	39 WA	Coburg, VIC	32.347	16-Apr-11	F	Track
Hamm	Belinda	55	Caboolture, QLD	31.000	12-Feb-11	F	Road
Samir	Shadi	VIC	Coburg, VIC	30.688	05-Mar-11	M	Track
Tobin	Les	57	Caboolture, QLD	30.500	12-Feb-11	M	Road
Mayo	Anastasia	52	Narrabeen, NSW	30.000	08-Jan-11	F	Road
Carter	Ken	VIC	Coburg, VIC	27.918	05-Mar-11	M	Track
Stockwell	Julian	35	Narrabeen, NSW	26.666	08-Jan-11	M	Road
Tuxford	Mark	59 NSW	Caboolture, QLD	21.599	31-Jul-11	M	Road
Davis	Cara	31 NSW	Narrabeen, NSW	20.000	08-Jan-11	F	Road
Phillips	Lindsay	45 QLD	Brisbane, QLD	20.000	18-Jun-11	M	Track
Stanger	Helen	61 NSW	Brisbane, QLD	19.200	18-Jun-11	F	Track
Phillips	Lindsay	45 QLD	Caboolture, QLD	15.000	31-Jul-11	M	Road