

2010 Prom Run		
Name	Distance	Time
Andrew Hewat	100	13.25
Dan Beard	100	13.25
Lachlan Fraser	100	14.38
Peter Mullins	100	15.47
Richard McCormick	80	12.37
Michael Hanavan	80	13.28
Michelle Donnelly (F)	80	14.46
Cameron Gilles	80	16.15
Kathy Garnett (F)	80	16.15
Chris Wight	60	6.09
Malcolm Gamble	60	7.23
Mark Wenn	60	7.5
Mandy - Lee Scott (F)	60	8.3
Chris Noble	60	8.3
Mark Swinkels	60	8.47
Theo Vlachos	60	9.2
Nick Thompson	60	9.59
Amanda Allen (F)	60	11.45
Richard Bowles	44	4.5
Tony Bird	44	5.04
Andrew Gogos	44	5.35
Colin Gray	44	5.55
Adam Dale	44	6.07
Anton Rudan	44	6.07
Kieran Mitchell	44	6.07
Michael Murrel	44	7.1
Michelle Thompson (F)	44	7.1
Paul Ashton	44	7.15
Colin Suckling	44	8.28
Sandy Suckling (F)	44	8.28