

**Sri Chinmoy 24 hour race.
Best Distances (female) over first 25 years (1982-2008)**

| Surname | First Name | State | km | Year | Age | Venue |
|----------------|-------------------|--------------|-----------|-------------|------------|-------------------|
| Stanger | Helen | NSW | 207.969 | 1991 | 41 | Kensington |
| Cameron | Cynthia | VIC | 200.615 | 1986 | 44 | Adelaide Harriers |
| Baird | Carol | ACT | 194.945 | 2005 | 56 | SANTOS Stadium |
| Baird | Carol | ACT | 192.436 | 2006 | 57 | SANTOS Stadium |
| Baird | Anubha | SA | 183.240 | 2000 | 29 | Adelaide Harriers |
| Baird | Carol | ACT | 180.919 | 2003 | 54 | SANTOS Stadium |
| Baird | Carol | ACT | 179.811 | 2002 | 53 | Adelaide Harriers |
| Lee-McGough | Lorraine | SA | 172.791 | 1994 | | Adelaide Harriers |
| Spain | Trisha | WA | 172.612 | 1991 | | Kensington |
| Baird | Anubha | SA | 171.722 | 1999 | 28 | Adelaide Harriers |
| Joyce | Felicity | NSW | 171.543 | 2004 | 23 | SANTOS Stadium |
| O'Connor | Helen | SA | 171.426 | 1986 | | Adelaide Harriers |
| Foley | Wanda | NSW | 170.179 | 1991 | 45 | Kensington |
| O'Connor | Helen | SA | 170.096 | 1984 | 32 | Adelaide Harriers |
| Standeven | Cheryl | SA | 168.584 | 1988 | 32 | Adelaide Harriers |
| Worley | Susan | SA | 164.568 | 1986 | 39 | Adelaide Harriers |
| Haarsma | Kay | SA | 161.612 | 1982 | | Adelaide Harriers |
| Worley | Susan | SA | 155.336 | 1987 | 40 | Adelaide Harriers |
| O'Connor | Helen | SA | 155.317 | 1989 | | Adelaide Harriers |
| Worley | Susan | SA | 155.000 | 1985 | 38 | Adelaide Harriers |
| O'Connor | Helen | SA | 154.862 | 1983 | 32 | Adelaide Harriers |
| Barnett | Sarah | VIC | 154.494 | 2006 | | SANTOS Stadium |
| O'Connor | Helen | SA | 153.887 | 1993 | | Adelaide Harriers |
| Worley | Susan | SA | 150.772 | 1989 | 42 | Adelaide Harriers |
| Worley | Susan | SA | 149.328 | 1983 | 36 | Adelaide Harriers |
| Barnett | Sarah | VIC | 148.378 | 2004 | 28 | SANTOS Stadium |
| McCartney | Marilyn | SA | 147.777 | 1986 | | Adelaide Harriers |
| Worley | Susan | SA | 147.170 | 1988 | 41 | Adelaide Harriers |
| Worley | Susan | SA | 143.642 | 1984 | 37 | Adelaide Harriers |
| Ward | Karina | ACT | 143.617 | 2003 | | SANTOS Stadium |
| Baird | Anubha | SA | 142.161 | 1996 | 26 | Adelaide Harriers |
| O'Connor | Helen | SA | 142.119 | 1997 | | Kensington |
| McCartney | Marilyn | SA | 141.993 | 1987 | | Adelaide Harriers |
| Worley | Susan | SA | 141.036 | 1990 | 43 | Adelaide Harriers |
| Kreiss | Erin | NSW | 140.434 | 2008 | 29 | SANTOS Stadium |
| Barnes | Helen | SA | 139.015 | 1989 | | Adelaide Harriers |
| Oliver | Rebecca | NSW | 138.634 | 2007 | 25 | SANTOS Stadium |
| Worley | Susan | SA | 136.812 | 1992 | 45 | Adelaide Harriers |
| Ward | Karina | ACT | 136.057 | 2002 | | Adelaide Harriers |
| O'Connor | Helen | SA | 136.000 | 1995 | | Adelaide Harriers |
| Worley | Susan | SA | 135.446 | 1991 | 43 | Kensington |
| O'Connor | Helen | SA | 135.136 | 1999 | | Adelaide Harriers |
| McCartney | Marilyn | SA | 135.000 | 1985 | | Adelaide Harriers |
| Colquhoun | Jean | SA | 133.135 | 2000 | | Adelaide Harriers |
| Metcalf | Karen | SA | 132.731 | 1997 | | Kensington |
| Lush | Eileen | SA | 131.566 | 1987 | | Adelaide Harriers |
| Benson | Carolyn | SA | 131.293 | 1989 | | Adelaide Harriers |
| Benson | Carolyn | SA | 130.655 | 1990 | | Adelaide Harriers |
| Bardy | Susan | SA | 130.591 | 1996 | | Adelaide Harriers |
| McCartney | Marilyn | SA | 129.219 | 1984 | 35 | Adelaide Harriers |
| Worley | Susan | SA | 128.735 | 1994 | 47 | Adelaide Harriers |
| Bardy | Susan | SA | 128.532 | 1992 | | Adelaide Harriers |
| Worley | Susan | SA | 127.870 | 1993 | 46 | Adelaide Harriers |
| Morris | Helen | | 127.206 | 1982 | | Adelaide Harriers |
| Benson | Carolyn | SA | 126.164 | 1988 | | Adelaide Harriers |
| Gordon | Leonie | SA | 124.455 | 1984 | 40 | Adelaide Harriers |
| Bardy | Susan | SA | 122.883 | 1991 | | Kensington |

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| Worley | Susan | SA | 122.514 | 1995 | 48 | Adelaide Harriers |
| Bardy | Susan | SA | 122.287 | 1994 | | Adelaide Harriers |
| Riley | Geraldine | | 120.000 | 1985 | | Adelaide Harriers |
| Lush | Eileen | SA | 114.263 | 1986 | | Adelaide Harriers |
| Bardy | Susan | SA | 112.135 | 2000 | | Adelaide Harriers |
| Barnett | Sarah | VIC | 111.577 | 2005 | 29 | SANTOS Stadium |
| Bruner | Patty | VIC | 110.601 | 1983 | 46 | Adelaide Harriers |
| Lush | Eileen | SA | 109.461 | 1991 | | Kensington |
| Beck | Carolyn | SA | 108.371 | 1992 | | Adelaide Harriers |
| Guterres | Elaine | SA | 103.000 | 1985 | | Adelaide Harriers |
| Phillips | Naomi | SA | 102.800 | 1999 | | Adelaide Harriers |
| Lush | Eileen | SA | 102.608 | 1990 | | Adelaide Harriers |
| Chomyn | Sharon | ACT | 100.655 | 2006 | 47 | SANTOS Stadium |
| Worley | Susan | SA | 99.600 | 2007 | 59 | SANTOS Stadium |
| Benson | Carolyn | SA | 98.260 | 1991 | | Kensington |
| Barnes | Helen | SA | 98.043 | 1991 | | Kensington |
| Barnes | Helen | SA | 93.429 | 1990 | | Adelaide Harriers |
| Meadows | Linda | VIC | 84.935 | 1999 | 40 | Adelaide Harriers |
| O'Connor | Helen | SA | 80.467 | 1992 | | Adelaide Harriers |
| Matthews | Bernice | | 51.459 | 2000 | | Adelaide Harriers |
| Davies | Jeanette | | 50.800 | 2000 | | Adelaide Harriers |
| Bardy | Susan | SA | 24.945 | 1990 | | Adelaide Harriers |