

Event	M/F	Category	Name	Last	5.5k	10.55k	28.5k	46.45k	51.5k	Time	Category Place	Overall
57km	Male	Open (19-40)	Chris	White	0:29:00	0:56:32	2:29:10	4:04:00	4:31:00	4:57:30	1	1
57km	Male	Open (19-40)	Ben	Carter	0:34:00	1:06:00	2:45:30	4:20:00	4:46:00	5:14:10	2	2
57km	Male	Masters (40+)	Steve	Cunningham	0:31:00	1:02:00	2:44:03	4:22:00	4:51:00	5:20:18	1	3
57km	Male	Masters (40+)	Arnstein	Prytz	0:37:00	1:10:00	2:52:45	4:34:00	5:04:00	5:33:43	2	4
57km	Female	Open (19-40)	Susan	Crowe	0:35:00	1:06:00	2:55:15	4:41:00	5:09:00	5:35:41	1	5
57km	Male	Masters (40+)	Somyos	Noopetch	0:35:30	1:08:00	2:55:55	4:56:00	5:30:00	6:04:23	3	6
57km	Male	Open (19-40)	Shane	White	0:35:30	1:08:00	2:54:45	4:59:00	5:33:00	6:09:22	3	7
57km	Male	Masters (40+)	Larry	Lawson	0:37:00	1:10:00	3:05:30	5:04:00	5:41:00	6:12:15	4	8
57km	Female	Masters (40+)	Anita	Gori	0:39:30	1:16:00	3:17:25	5:09:00	5:42:00	6:17:46	1	9
57km	Male	Open (19-40)	Jeremy	Collins	0:37:00	1:17:00	3:17:25	5:15:00	5:49:00	6:23:37	4	10
57km	Female	Open (19-40)	julie	sager	0:40:00	1:16:00	3:19:00	5:19:00	5:53:00	6:25:27	2	11
57km	Male	Masters (40+)	Roy	Willetts	0:38:00	1:13:00	3:15:40	5:20:00	5:53:00	6:26:27	5	12
57km	Male	Open (19-40)	david	wood	0:34:00	1:06:00	2:55:15	5:16:00	5:53:00	6:32:28	5	13
57km	Female	Open (19-40)	Kim	Close	0:40:00	1:17:00	3:21:30	5:29:00	6:03:00	6:37:00	3	14
57km	Male	Masters (40+)	Pieter	van Vuuren	0:39:30	1:16:00	3:17:50	5:25:00	6:03:00	6:37:05	6	15
57km	Male	Masters (40+)	Steve	Appleby	0:40	1:16:00	3:19:00	5:32:00	6:10	6:46:21	7	16
57km	Male	Masters (40+)	darren	speck	0:40:00	1:20:00	3:31:30	5:43:00	6:20:00	6:53:50	8	17
57km	Male	Open (19-40)	Shawn	Depper	0:43:00	1:25:00	3:39:30	5:53:00	6:28:00	6:58:47	6	18
57km	Male	Open (19-40)	Jason	Hedges	0:46:00	1:27:00	3:43:30	5:49:00	6:25:00	7:00:17	7	19
57km	Male	Masters (40+)	Simon	Dobbs		1:14:00	3:30:05	5:57:00	6:40:00	7:23:32	9	20
57km	Male	Open (19-40)	Ben	Cavin	0:40:00	1:22:00	3:32:30	5:59:00	6:40:30	7:25:56	8	21
57km	Male	Masters (40+)	Brett	Wilson	0:44:00	1:25:00	3:42:00	6:11:00	6:55:00	7:39:32	10	22
57km	Female	Open (19-40)	Kate	Cullen	0:46:00	1:32:00	3:59:45	6:25:00		7:46:08	4	23
57km	Male	Open (19-40)	Steven	Titmus	0:47:00	1:34:00	4:08:32	6:31:00		7:47:29	9	24
57km	Female	Open (19-40)	Emma	Mills	0:46:00	1:32:00	4:02:50	6:32:00		7:51:37	5	25
57km	Male	Open (19-40)	Dave	Groundwater	0:45:00	1:29:00	4:06:00	DNF	DNF	DNF		
57km	Male	Open (19-40)	Matthew	Evans	0:45:00	1:29:00	4:06:00	DNF	DNF	DNF		
57km	Male	Open (19-40)	simon	thompson	0:36:00	1:10:00	3:30:20	DNF	DNF	DNF		
57km	Male	Masters (40+)	Nev	Appelby	0:39:30	1:16:00	3:39:30	DNF	DNF	DNF		