

RAZORBACK RUN 5 DECEMBER 2009 - RESULTS

64Km

Peter Bignell 11.10.10
Cameron Gilles 13.55.00 - Cameron thought he'd do a long run in prep for the Mind Alpine Challenge – he didn't realise it would be soooo long!

58km

Paul Monks 9.11.10 - raced the mountain and then drove back to Melbourne to fly to India - !!!!
Diane Edwards 10.46.55 – raced strongly till she stubbed her toe pushing it back into the bed of her foot – OUCH
David McKinnon 11.34.10
Tamyka Bell 12.40.33 - after the run she went for a 3 day hike in preparation of the 100ml Mind Alpine Challenge – a hot prospect to watch – this girl is serious!

44km

Rob Boyce 8.57.42
Paul Ban 8.57.42

38km

Isobel Bespalov 4.23.28 – new womans record. Issy flashed the course and want to come back next year now that she knows the course and run it fast!!
Joe Murphy 4.27.00 - 1st trail run, first run over 16km!! – a rising star – young and fit – will go far – 100km entrant in Mind Alpine Challenge
Ruth Dover 5.44.00 – ran barefoot with taped toes – ouch – how does she do it
Dave Stokie 5.59.00
Sarah Leslie 7.00.24 – Time affected rescuing Cassie the running dog who followed Issy and Joe for 30km and then got bitten by a snake
Cathy Philo 7.45.00 - Time affected rescuing Cassie the running dog who followed Issy and Joe for 30km and then got bitten by a snake
Brett McKenzie 7.55

22km

Sharene Hurnen 5.00 – sauntered along in five fingers barefoot shoes chatting to all the walkers

22km Run and 30km bike ride Paul Ashton

Special thanks to Mal Gamble who manned the support station.

PS if anyone has any pics please send them ASAP to Kevin for an article in R4YL

Hope that gives you a little taste of the run. The good news was everyone had a great time – very social event and Cassie the dog is fully recovered from the snake bite.

The only Pic that I got was one of me on the Razorback taken with an iphone by Sarah Leslie
Cheers

Paul Ashton

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