

Maroondah Dam Trail Race - Race information

Race date: Sunday, 17 February 2008

Registration: Maroondah Reservoir Park (Melways ref map 270 K/L 11)

50km Registration opens 06:45am Closes 07:15am

30km Registration opens 07:30am Closes 08:20am

Bus Departure : From Maroondah Reservoir Park (bus fee included in entry)

50km 07:30am, arriving in time for 08:00am start at Fernshaw

30km 08:45am, arriving in time for a 09:30am start at Dom Dom

FINISH: Below the Maroondah Dam Wall (at registration where your car is parked)

IMPORTANT NOTES:

1. Transport will be organized to the start of each run.
2. Carrying of water is mandatory, via a camelpak "bladder" or running belt" bidon. Two litres is recommended. Participants failing to carry water will not be allowed to start
3. There will be a number of checkpoints with water and limited food. Aid stations are few and far between. It is recommended that all entrants carry emergency food. Sunscreen should be used.
4. Entries on the day will not be accepted.
5. The course will be marked with the same colored tape at all junctions. However, competitors are strongly advised to be familiar with the course details and to carry a map (which can be found on the Maroondah Dam webpage). In addition, you may wish to purchase the relevant topographic maps (Juliet North and Juliet South).
6. In order to avoid unnecessary searching, any entrant who withdraws during the event MUST notify the Race Director or a Race Marshall as soon as possible.
7. There is a maximum time limit of 2:45 hours for any runner in the 50km run who wishes to complete the run to reach Dom Dom saddle for the second time (approximately 20km).
8. A major road crossing is encountered after the second visit to Dom Dom Saddle. All runners shall only cross the highway under supervision of a Race Marshall and must obey instructions from the Race Marshall.