

# IAU e-NEWS

## EDITOR'S NOTE

Dear Friends,

Another season of international racing under the IAU banner has commenced. We hope that you, whether as a participant or as an intrigued observer, have enjoyed the two IAU sanctioned events of 2009.

You will find that we are very athlete oriented this season. We have started interviews with winners, published dialogues with federations, and have started presenting IAU medals.

In this issue you will find reports from races as well as updates from upcoming events, athlete profiles and IAU-related news.

We, at your Executive Council, are at your service. So please do not hesitate to contact us.

Yours in Sport,  
[Nadeem Khan](#)

## IAU INTERVIEW WITH RACE WINNERS

There were several interviews that were done at IAU events. As a regular practice we will have scheduled interviews with winners of the team after the awards ceremony.

Interviews are also done through out the event with participating federations.

To read interviews go to [IAUINTERVIEW](#)

## ARTICLES ON YOU!

Since our last edition we have added two more articles in the Week(end) Ultrawarrior: Pushing the Envelope on any given Day. Also, please stay tuned for a new column: Champions amongst Champions: In a League of their Own.

If you know someone who qualifies in one of these sections, please contact [Nadeem Khan](#).

Go To [CHRISCARVER](#) and [PHILMCCARTHY](#)

## ISSUE 2 JULY 2009

## CHAT WITH MALCOLM

IAU Honourary Member Malcolm Campbell was at the IAU 100km World Cup.

His presence was special as this year marks the 25th Anniversary of the IAU.

In the coming weeks, please look for Malcolm's interview.

## INSIDE E-NEWS

- 24hr World Challenge Report
- 100km World Cup Report
- World Trail Challenge Preview
- Commonwealth Championship Preview
- 50 km Trophy Final Update
- Live Race Coverage

## IAU LABELLED RACES

Every year IAU labels races in Gold, Silver and Bronze categories depending on certain criteria. Results and Reports from these races are published on our site.

If you want to get your race labelled please contact us.

To see a list of [IAU Labeled Races](#)

## IAU PRESENTS MEDALS TO ATHLETES



The IAU Executive Council made a decision at the Annual executive meeting in Monaco to invest in medals for our athletes and winning teams.

The first of these IAU hardware were given out at the 24 hr World Challenge followed by the 100km World Cup.

The Gold-Silver-Bronze medals have been designed with the IAU logo on the front and the race label on the back.

## 24HR IAU WORLD CHALLENGE

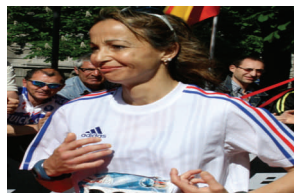
Henrik Olsson (SWE) and Anne-Cecile Fontaine (FRA) win the 7<sup>th</sup> IAU World Challenge held on May 2-3 2009 in Bergamo, Italy. Teams from Japan and France won the men's and women's divisions, respectively.

Both Henrik (SWE) and Anne-Cecile (FRA) also won the European Championship. Russia won the men's European title and France did the honour in the women's.

Anne Cecile missed setting a World's Best performance by 13 meters. [Read More](#)



**Henrik Olsson (SWE):** Men's winner



**Anne-Cecile Fontaine (FRA):** Women's winner

For Results go to [24HRBERGAMO](#)

## 2nd IAU TRAIL WORLD CHALLENGE

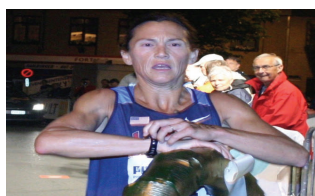
Serre Chevalier is going in full preparation mode for the 2<sup>nd</sup> IAU Trail World Challenge scheduled for July 12<sup>th</sup> 2009.

The race is a challenging event running over a 68 km course through the Guisanne and Clarée Valley. Twenty countries are sending delegations to participate in this event.

To read more go to [SERRECHEVALIER](#)



**Yasakazu Miyazato (JPN):** Men's winner



**Kami Semick (USA):** Women's winner

## IAU 100KM WORLD CUP

Yasukazu Miyazato (JPN) and Kami Semick won the 23<sup>rd</sup> IAU World Cup. The race was held from June 19<sup>th</sup> –20<sup>th</sup> in Torhout, Belgium. Teams from Japan and USA won the men's and women's team competition.

Jonas Buud (SWE) and Irina Vishnevskaya (RUS) won the European Championship. Italy won the men's and Russia won the women's team European Championship.

Miyazato completed the 100km race in 6:40:43 and Kami ran 7:37:23 to win the event.

[Read More](#)

For Results go to [100KMTORHOUT](#)

## 1st COMMONWEALTH CHAMPIONSHIPS

This inaugural championship takes place from 17-20 September 2009 In Keswick at the heart of the Cumbria, the English Lake District. The ultrarunning part of the Championships will be composed of a 24hr run starting on 17<sup>th</sup> Sept 2009 and a 100km run on 19<sup>th</sup> Sept 2009. [Read More](#)

### LIVE UPDATES

This year we have started doing **Live Updates** (barring technical difficulties) from our Major IAU races from the day before the race through to the end of the race. This includes results, reports from teams and reviews from the race site. [LIVE UPDATES](#)

### 50 KM FINAL TROPHY SERIES

The races have all piled up and there are outstanding results in the 50km Trophy Series.

The race finale with invited athletes will take place in Gibraltar on Oct 31st 2009.

[Men's Rankings](#) & [Women's Rankings](#)

WE would love to hear from YOU!  
Forward your comments, suggestions or questions to [Nadeem Khan](#)