

# **Canberra 50km Ultra Marathon**

*Incorporating the Australian & AURA 50km Road Championships*

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**Sunday 19 April 2009**

It took 15 years before the marathon winner continued on and also won the 50km ultra (Mark Tucker and Jackie Fairweather both achieved this feat in 2008) but it happened again in the 16<sup>th</sup> edition of the Canberra 50km Ultra Marathon, this time by David Crinti.

Last year David was second in the marathon and he then followed Mark Tucker home in the ultra marathon. Mark's 50km time topped the IAU world rankings in 2008 and David was world #2.

This year David went one better in both events, being a surprise winner of the marathon and then going on to capture the double. His winning time of 2.57.42 was faster than the time he ran last year to rank #2 in the world. David is now a repeat winner of the Canberra 50km, having also won the event in 2007 in 3.00.12. He also claims the Australian and AURA 50km Road Championship.

Anthony Farrugia also had a great day. He was third in the marathon, going under 2.30 for the first time, then raced on to claim second in the ultra in 3.05.07.

Verity Tolhurst made her ultra debut and won the women's category, in a time of 3.39.00.

Both David and Verity won trips to Gibraltar, courtesy of the IAU, to compete in the IAU World 50km Trophy in October. We wish them well in their international endeavours.

June Petrie, who was the first female in 2007, was second this year and set a new Australian W45 record of 3.46.41. This took 11 seconds off Helen Stanger's record that she set in Canberra 10 years ago. June's mother Lavinia set a world W50 record in this race in 1994 and husband Bert Pilgrim set a World M50 record in Canberra in 2007 so you can see that the family has a close and successful relationship with the Canberra ultra.

Commonwealth Games bronze medalist Andrew Letherby set the fastest time for the additional 7.805km. He paced a friend to a 3.08 marathon, then raced the additional distance in 25.34!

Lachlan Lewis became the first person to run 15 Canberra 50km Ultra Marathons. Lachlan missed one race a few years ago when he travelled overseas to participate in the World Triathlon Championships and then the Great Wall Marathon. Congratulations Lachlan on finishing your 15<sup>th</sup> Canberra Ultra and also again being the oldest finisher.

One hundred and one runners opted to continue after the marathon and completed the 50km. This did not quite match our record of 114 last year but 101 makes it our second biggest ultra to date. When this race was inaugurated in 1993, only 17 runners opted to go "beyond the marathon".

Many thanks to Tim Sawkins, our ultra manager, and the many enthusiastic volunteers who helped out on the course. And congratulations to all the runners who went 'beyond the marathon'.

DAVE & FRAN

## ***Thank You!***

***Dave & Fran of Cundy Sports Marketing***

***thank all volunteers, staff and contractors***

***who helped make the 33<sup>rd</sup> Canberra Marathon race weekend a resounding success***

## Australian 50km Road Championships

Open to all 50km participants who are eligible to participate for Australia

|       |   |         |                  |     |
|-------|---|---------|------------------|-----|
| Men   | 1 | 2:57:42 | David Criniti    | NSW |
|       | 2 | 3:05:07 | Anthony Farrugia | NSW |
|       | 3 | 3:12:14 | Tim McKenzie     | NSW |
| Women | 1 | 3:39:00 | Verity Tolhurst  | NSW |
|       | 2 | 3:46:41 | June Petrie      | VIC |
|       | 3 | 4:02:29 | Julie Quinn      | ACT |

## AURA 50km Road Championships

Open to members of the Australian Ultra Runners Association

|       |   |         |                 |     |
|-------|---|---------|-----------------|-----|
| Men   | 1 | 2:57:42 | David Criniti   | NSW |
|       | 2 | 3:26:28 | Bert Pelgrim    | VIC |
|       | 3 | 3:29:16 | Carl Barker     | NSW |
| Women | 1 | 3:39:00 | Verity Tolhurst | NSW |
|       | 2 | 3:46:41 | June Petrie     | VIC |
|       | 3 | 4:06:55 | Kerrie Bremner  | ACT |

## AFFILIATED ORGANISATIONS





Above: Verity Tolhurst – first woman in the 2009 Canberra 50km Ultra Marathon – won a trip to Gibraltar for the World 50km Trophy Race. Photo courtesy of Marathon-Photos.com.

## Results - Canberra 50km Ultra Marathon

| Place | 50k time | Marathon time | Name              | Age | State |
|-------|----------|---------------|-------------------|-----|-------|
| 1     | 2:57:42  | 2:26:09       | David Criniti     | 30  | NSW   |
| 2     | 3:05:07  | 2:27:35       | Anthony Farrugia  | 34  | NSW   |
| 3     | 3:12:14  | 2:39:59       | Tim McKenzie      | 25  | NSW   |
| 4     | 3:26:28  | 2:47:35       | Bert Pelgrim      | 52  | VIC   |
| 5     | 3:27:16  | 2:48:49       | Mike Le Roux      | 33  | QLD   |
| 6     | 3:29:16  | 2:55:26       | Carl Barker       | 49  | NSW   |
| 7     | 3:30:41  | 2:51:14       | Brendan Davies    | 32  | NSW   |
| 8     | 3:31:22  | 2:56:16       | Chris Graham      | 37  | NSW   |
| 9     | 3:32:35  | 2:53:31       | Peter Johnson     | 42  | ACT   |
| 10    | 3:33:47  | 3:08:13       | Andrew Letherby   | 35  | ACT   |
| 11    | 3:34:13  | 2:59:52       | James Bradley     | 33  | NSW   |
| 12    | 3:36:50  | 2:57:59       | Steve Nolan       | 41  | ACT   |
| 13    | 3:37:07  | 3:06:52       | Terence Bell      | 30  | NSW   |
| 14    | 3:38:17  | 2:59:53       | Chris Brown       | 38  | QLD   |
| 15    | 3:39:00  | 3:03:17       | Verity Tolhurst   | 42  | F NSW |
| 16    | 3:43:59  | 3:07:38       | Eric Louw         | 45  | VIC   |
| 17    | 3:44:05  | 3:08:08       | Greg Love         | 54  | NSW   |
| 18    | 3:46:41  | 3:09:46       | June Petrie       | 45  | F VIC |
| 19    | 3:47:25  | 3:10:08       | Peter Ramsay      | 45  | VIC   |
| 20    | 3:49:18  | 3:14:44       | Paul Gillan       | 37  | NSW   |
| 21    | 3:50:50  | 3:01:20       | Keith McKay       | 58  | QLD   |
| 22    | 3:52:08  | 3:07:41       | Niall Raeside     | 33  | NSW   |
| 23    | 3:55:05  | 3:17:21       | Eamonn Kenihan    | 32  | IRE   |
| 24    | 3:55:26  | 3:14:43       | Matt Hegarty      | 39  | NSW   |
| 25    | 3:56:59  | 3:19:15       | Grant Czartowski  | 23  | NSW   |
| 26    | 4:02:29  | 3:22:28       | Julie Quinn       | 36  | F ACT |
| 27    | 4:03:08  | 3:27:24       | Tristan Miller    | 32  | VIC   |
| 28    | 4:05:49  | 3:21:28       | Brian Groot       | 23  | CAN   |
| 29    | 4:06:52  | 3:27:24       | Nicolas Marie     | 30  | VIC   |
| 30    | 4:06:55  | 3:26:59       | Kerrie Bremner    | 43  | F ACT |
| 31    | 4:08:44  | 3:29:46       | Sean Muller       | 30  | NSW   |
| 32    | 4:08:50  | 3:25:21       | Patrick Hodgens   | 44  | NSW   |
| 33    | 4:10:27  | 3:13:28       | Peter Clarke      | 58  | ACT   |
| 34    | 4:10:39  | 3:28:49       | Jessica Robson    | 26  | F ACT |
| 35    | 4:12:30  | 3:16:22       | Michael Corlis    | 50  | ACT   |
| 36    | 4:14:11  | 3:29:53       | David Cannings    | 48  | NSW   |
| 37    | 4:14:18  | 3:21:13       | Nick Mesher       | 48  | ACT   |
| 38    | 4:20:54  | 3:29:43       | Barry Rutter      | 57  | NSW   |
| 39    | 4:22:48  | 3:36:08       | Max Carson        | 60  | VIC   |
| 40    | 4:22:59  | 3:21:17       | Paul Higginbotham | 33  | ACT   |
| 41    | 4:23:04  | 3:39:23       | Kevin Lieberthal  | 29  | VIC   |
| 42    | 4:24:46  | 3:41:36       | Graham Ridley     | 47  | NSW   |
| 43    | 4:25:08  | 3:42:09       | Ngoh Ngoh Nestor  | 45  | F VIC |
| 44    | 4:27:29  | 3:35:29       | Pam Muston        | 49  | F NSW |
| 45    | 4:28:38  | 3:43:50       | Natalie Jennings  | 39  | F NSW |
| 46    | 4:29:41  | 3:40:57       | April Palmerlee   | 41  | F NSW |
| 47    | 4:31:52  | 3:39:53       | Jiri Janicek      | 52  | NSW   |
| 48    | 4:32:41  | 3:43:51       | Mat Scott         | 30  | QLD   |
| 49    | 4:33:32  | 3:30:15       | Kevin Heaton      | 45  | NSW   |
| 50    | 4:35:54  | 3:50:34       | Kurt Blessing     | 27  | NSW   |

## Results - Canberra 50km Ultra Marathon

| Place | 50k time | Marathon time | Name                  | Age | State |
|-------|----------|---------------|-----------------------|-----|-------|
| 51    | 4:38:08  | 3:46:44       | Nev Besant            | 50  | QLD   |
| 52    | 4:38:28  | 3:53:02       | Eoin Loftus           | 36  | SA    |
| 53    | 4:39:12  | 3:52:38       | Robert Joscelyne      | 34  | NSW   |
| 54    | 4:39:22  | 3:54:14       | Natalie Best          | 27  | F NSW |
| 55    | 4:40:25  | 3:49:54       | Damian Goodwin        | 27  | NSW   |
| 56    | 4:42:26  | 3:59:34       | Glenn Lockwood        | 45  | NSW   |
| 57    | 4:42:35  | 3:49:51       | Robert Osborne        | 53  | NSW   |
| 58    | 4:42:42  | 3:48:11       | Mick Regan            | 57  | NSW   |
| 59    | 4:44:05  | 3:54:08       | James Riddett         | 30  | NSW   |
| 60    | 4:44:22  | 3:58:05       | Carol Wingreen        | 47  | F QLD |
| 61    | 4:45:49  | 3:58:22       | Bethany McCarthy Hall | 32  | F NSW |
| 62    | 4:46:27  | 3:58:27       | Steve Holm            | 47  | NSW   |
| 63    | 4:46:29  | 3:50:20       | Olivia Collier        | 33  | F NSW |
| 64    | 4:46:32  | 3:58:57       | Michelle Manning      | 29  | F NSW |
| 65    | 4:49:20  | 3:57:39       | Clare Voitin          | 39  | F VIC |
| 66    | 4:51:08  | 4:06:46       | Ali Holmes            | 30  | F VIC |
| 67    | 4:52:31  | 4:04:40       | Meredith Quinlan      | 37  | F NSW |
| 68    | 4:53:58  | 4:14:21       | Keith Hong            | 32  | NSW   |
| 69    | 4:56:10  | 3:49:36       | Glen Morris           | 42  | NSW   |
| 70    | 4:57:03  | 4:07:41       | Zoe Howard            | 38  | F NSW |
| 71    | 4:57:08  | 4:07:44       | Clare Matthews        | 36  | F NSW |
| 72    | 4:57:26  | 4:06:05       | Arnold Cohen          | 52  | NSW   |
| 73    | 4:57:27  | 3:59:06       | Stephane Moulin       | 38  | NSW   |
| 74    | 4:58:12  | 4:12:10       | John Bussey           | 44  | NSW   |
| 75    | 4:58:43  | 4:20:57       | Peter Lisle           | 31  | VIC   |
| 76    | 4:59:49  | 4:11:44       | Alejandro Rico        | 46  | COL   |
| 77    | 5:02:33  | 4:04:22       | Keri Vaughan          | 47  | F ACT |
| 78    | 5:04:46  | 3:57:28       | Mark Redding          | 49  | NSW   |
| 79    | 5:09:51  | 4:05:10       | John Waddell          | 66  | NSW   |
| 80    | 5:09:55  | 4:19:29       | Blair Venn            | 33  | QLD   |
| 81    | 5:10:38  | 4:09:59       | Mirco Hering          | 29  | ACT   |
| 82    | 5:10:44  | 4:12:13       | Graham Osborn         | 62  | NSW   |
| 83    | 5:11:08  | 4:19:55       | Angela Grattan        | 60  | F QLD |
| 84    | 5:13:04  | 4:28:14       | Lisa Harvey-Smith     | 29  | F NSW |
| 85    | 5:15:43  | 4:17:28       | Shaun Blankfield      | 26  | NSW   |
| 86    | 5:15:43  | 4:17:28       | Chantel De Abrey      | 22  | F NSW |
| 87    | 5:17:27  | 4:21:44       | Lynne Moeser          | 53  | F QLD |
| 88    | 5:18:08  | 4:20:21       | Diane Dixon           | 38  | F QLD |
| 89    | 5:30:00  | 4:27:01       | Ken Smith             | 49  | VIC   |
| 90    | 5:37:26  | 4:43:26       | Paul Every            | 44  | NSW   |
| 91    | 5:37:28  | 4:30:31       | Ibrahim Unat          | 44  | NSW   |
| 92    | 5:40:31  | 4:37:28       | Billy Pearce          | 44  | NSW   |
| 93    | 5:40:45  | 4:32:30       | Jeff Morunga          | 50  | NSW   |
| 94    | 5:44:58  | 4:44:02       | Eliza Leung           | 41  | F NSW |
| 95    | 5:45:23  | 4:49:12       | Alexandra Ho          | 37  | F SA  |
| 96    | 5:53:24  | 4:41:00       | James Doyle           | 64  | VIC   |
| 97    | 5:53:25  | 4:45:15       | Jude Quinn            | 30  | NSW   |
| 98    | 6:05:56  | 5:07:23       | Nick Drayton          | 52  | NSW   |
| 99    | 6:05:56  | 5:07:23       | Vivienne Kartsounis   | 44  | F NSW |
| 100   | 7:05:03  | 5:39:23       | Lachlan Lewis         | 71  | ACT   |
| 101   | 7:05:03  | 5:39:23       | Rod Rutherford        | 57  | QLD   |