



25th IAU 100Km World Championships
"Under the Patronage of the IAAF"

20th IAU 100km European Championships
"Under the Patronage of the EA"

WMA 100Km World Championships

Winschoten (NED)
September 10th, 2011

Vs 110522



GENERAL INFORMATION SHEET

Table of Contents

1. WELCOME
2. NATIONAL ATHLETICS FEDERATION
3. LOC
4. IAU
5. WMA
6. GENERAL COMPETITION INFORMATION
7. PEF'S & FEF'S
8. VISA
9. TRANSPORTATION PLAN
10. ACCOMMODATION
11. TECHNICAL MEETING
12. TRAVEL GRANTS
13. OPENING CEREMONY
14. RACE INFO
15. CLOSING CEREMONY
16. WEATHER CONDITIONS
17. GENERAL TIME SCHEDULE OF THIS MIAUC
18. MISCELLANEOUS
19. TOURIST INFORMATION





1.0 WELCOME

By the Royal Dutch Federation



Atletiekunie

Papendalleen 60
6816 VD Arnhem
T +31(0)26 483 48 00
F +31(0)26 483 48 01

Postbus 60100
6800 JC Arnhem
info@atletiekunie.nl
www.atletiekunie.nl

Participant Federations
25th IAU 100 KM World Championships
20th IAU 100 KM European Championships
WMA 100 KM World Championships

Subject: Invitation
Our ref.: RvH/11.141

Arnhem: May 20, 2011
Your ref.: --

Dear President, dear General Secretary,

On behalf of the Royal Dutch Athletics Federation and the Winschoten Organising Committee we have the honour to invite a team of your federation to participate in one of the next championships:

- 25th IAU 100 KM World Championships under the patronage of the IAAF;
- 20th IAU 100 KM European Championships under the patronage of European Athletics;
- WMA 100 KM Championships under the patronage of the WMA

that will take place on September 10th 2011 in Winschoten in the northern part of the Netherlands.

The Winschoten Organising Committee has a strong tradition in organising international ultra running events over many years. Also this year we expect a great number of participants.

The Winschoten course is officially measured by the IAAF and we can assure you that the Organising Committee will do their utmost to make your stay in Winschoten as pleasant as possible.

We look forward to hosting each of and every one of you in Winschoten in September 2011!

Kind regards,

ROYAL DUTCH ATHLETICS FEDERATION,

Rien van Haperen,
General Secretary



By the LOC

2011 will be a memorable year for Ultrarunning at Winschoten. During our 36th RUN Winschoten we will host the IAU 25th World Championships, the IAU 20th European Championships, the World Masters Championships and the Dutch Championships 100 km under the Patronage of IAU, IAAF, EA, KNAU. It looks to us that more Championships in one race are not possible. Our organization has a lot of experience with International Championships. The World will be our 6th, the European our 8th and the WMA our 2nd. But as always we do a lot of work to make this year again to a great success.

Also for athletes who do not want to RUN 100 km there is a lot to do on September 10. As there is also a 50 km race, a 10 x 10 km relay and a childrens RUN.

During the RUN Winschoten will be the ultra-running city of the World. The LOC will do their utmost to make your stay at Winschoten as pleasant as possible. Our athlete village Pagedal Stadskanaal will guarantee a pleasant stay for all the athletes, coaches, supporters and guests.

We hope that your country will sent strong and enthusiastic athletes. We are looking forward to meeting you. Not only the LOC but also the whole local council and the inhabitants of Winschoten are saying **"YOU ARE WELCOME"**.



Liesbeth Jansen

Race director RUN Winschoten

By the Community of Oldambt

Dear runners,

The community of Oldambt would like to welcome you in Winschoten, the vibrant center of Oldambt.

Winschoten, a lively city with over 18,000 inhabitants is the second biggest shopping city in the province of Groningen. The good atmosphere and the variety of shops attract visitors throughout the surroundings, also including visitors from neighboring Germany. The broad variety of restaurants, bars and activities contribute to a lively city center.

In Winschoten you can find both historical buildings as modern architecture. Amongst others Winschoten has three monumental mills and a mediaeval church and tower. In addition Winschoten also offers a variety of galleries which are worth visiting.

As mayor of the community of Oldambt I am very proud of this area. Not just the city of Winschoten, but also the surroundings are worth a visit. When you participate for the first time this year, you will be pleasantly surprised by the kindness you'll receive as a runner.

As of spring 2011 I am training at the sports association Aquilo, meaning to participate as a contestant and completing the RUN. For sure this is a challenge to me. But it is a challenge that I happily undertake. As mayor I want to experience how it feels as a runner to take part in the RUN.

Winschoten is not just a vibrant city during the RUN. During summer there are numerous activities like the Rozenmarkt and the Waterbeifestival. Around the first Monday of November there is combined amusement as well for both the younger and older children amongst us,



because of the fair that takes place! And together with this the biggest annual fair of the northern part of the Netherlands, better known as Adrillen takes place. On November 1st Winschoten celebrates All Saints Day market 'Adrillen'. Adrillen is known as a synonym for one big celebration in Winschoten.

Also in the other city centers of the community of Oldambt you will find a lot of activities. You can think of the yearly recurring Celtic Midwinter festival which takes place in December in Bad Nieuweschans, a fantastic festival that attracts thousands of visitors yearly.

But one of the most special events will of course be: The RUN. Every year in September Winschoten is all about this running event. Do you want to know more about the new community of Oldambt, an event or the results of the RUN, please go to www.gemeente-oldambt.nl or www.uitinoldambt.nl.



On behalf of the community of Oldambt I would like to wish all the runners a great day and a sportive competition!

Pieter Smit, Mayor of the community of Oldambt

2.0 NATIONAL ATHLETICS FEDERATION

CONTACT DETAILS NATIONAL ATHLETICS FEDERATION

Country	The Netherlands
Name	Atletiekunie (KNAU)
Address	Papendallaan 60 , 6816 VD Arnhem
Tel.	+31 (0)264834800
Fax	+31 (0)264834801
E-mail	info@atletiekunie.nl
Website	www.atletiekunie.nl
Extra info	Technical delegate: Henk van Kasteren.





3.0 LOCAL ORGANIZING COMMITTEE (LOC)



CONTACTDETAILS LOC

Club Stichting Ultraloop Winschoten (STUW)
E-mail info@runwinschoten.nl
Website www.runwinschoten.nl



PRESIDENT: **Mr. Gert Zeemering**
Tel. +31 (0)597-414783
Mobile +31 (0)6-53525281
E-mail voorzitter@runwinschoten.nl



SECRETARY: **Mr. Egbert Stoutmeijer**
Tel.
Mobile +31 (0)6-54947086
E-mail secretariaat@runwinschoten.nl



RACE DIRECTOR: **Mrs. Liesbeth Jansen**

Tel. + 31 (0)597-432972
Mobile +31 (0)6-22490053
Fax +31 (0)84-8391255
E-mail racedirector@runwinschoten.nl

Skype Liesbeth_jansen



DIRECTOR OF COMMUNICATIONS: **Mrs. Janny Heijerman**

Tel. +31 (0)597-618284
Mobile +31 (0)6-20241605
E-mail pers@runwinschoten.nl

DIRECTOR OF TRANSPORTATION: **Mrs. Margriet Dijk**

Tel. +31 (0)597-416334
Mobile +31 (0)6-51251097
E-mail huisvesting@runwinschoten.nl

DIRECTOR OF PROTOCOL: **Mr. Gerard Bosveld**

Tel. +31 (0)597-531561
Mobile +31 (0)6-57327762
E-mail protocol@runwinschoten.nl

FINANCE: **Mr. Rik Dekker**

Tel. +31 (0)597-563203
Mobile +31 (0)6-42852245
E-mail penningmeester@runwinschoten.nl
Bank account 3517.10.140
IBAN CODE: NL53RABO0351710140
BIC CODE: RABONL2U





4.0 INTERNATIONAL ASSOCIATION OF ULTRARUNNERS (IAU)

WEBSITE: www.iau-ultramarathon.org



IAU SECRETARY

Name Hilary Walker
Tel. +44 7589 5342 (home) +44 7972 5122 (office)
Fax +44 7972 5135 (office)
E-mail secretary@iau-ultramarathon.org
Skype hiliary-walker



DIRECTOR OF ORGANISATIONS & TRAVELGRANT INFORMATION

Name Jan Vandendriessche
Tel. +32 59 27 60 43
Mobile +32 495 26 78 84
Fax +32 59 27 48 58
E-mail jan.vandendriessche@iau-ultramarathon.org
Skype jan_vandendriessche



DIRECTOR OF COMPETITIONS

for this race only as Liesbeth Jansen is race director

Name Hilary Walker
Tel. +44 7589 5342 (home) +44 7972 5122 (office)
Fax +44 7972 5135 (office)
E-mail secretary@iau-ultramarathon.org
Skype hiliary-walker

DIRECTOR OF PROTOCOL

Name Roger Bonnifait
Tel. +33 607 43 26 71
E-mail roger.bonnifait@iau-ultramarathon.org

DIRECTOR OF COMMUNICATIONS

Name Nadeem Khan
Tel. +1 716 392 6657
E-mail nadeem.khan@iau-ultramarathon.org





5.0 WORLD MASTERS ATHLETICS (WMA)

VICE PRESIDENT NON STADIA (and WMA liaison for this competition)



Website www.world-masters-athletics.org



Name Brian Keaveney
Mob +1 416 605 84 78
E-mail masters@sympatico.ca



SECRETARY

Name Winston Thomas
Tel. +44 1442 275 805
E-mail winston.thomas1@virgin.net





6.0 GENERAL COMPETITION INFORMATION

MIAUC 25th IAU World Championships
20th IAU European Championships
WMA 100km Championships



Date 10th September 2011

Start time 10.00 hrs

Max. time 12 hrs

Course Road



Short description of the course:

There is a ten kilometres canal-flat and traffic-free course, that will lead the runners through the town of Winschoten and the small neighbourhood Heiligerlee. Every year many people watch the race.

The canal-flat course consists for 95% of asphalt and for 5% of flat pavement (no cobble-stones). Each KM is signposted. The start, the finish and all the passages will be situated in the neighbourhood of the sports hall at Mr. D.U. Stikkerlaan.

Every lap will be counted and registered in this start-finish area. The result-lists will give all the 10 KM times.

The course is officially measured by the Jones Counter and all records will therefore be accepted by the Atletiekunie, EAA, IAU and IAAF.



Point A is the centre of the city

The 2 circles are points for the LOC to look carefully after the barriers.





Profile Start at: 0,56 mtrs
Highest point: 1,50 mtrs
Finish at: 0,56 mtrs



Competition X Men's individual competition
X Women's individual competition
X Men's Team Competition
X Women's Team competition



Only athletes and teams official entered by their National Federation can compete in this MIAUC.

Every Country can send **9** men and **9** women who can compete in this MIAUC. A maximum of **6** are member of a team.



Limited total amount of runners? No, but the number of runners above 9 men or 9 women can only compete in the open race and have to pay the normal entry-fee and there own accommodation costs as well.



Open race YES
Limited runners: NO



Other races YES
Extra RACE-1 : Distance/name: 50 km
Same course : YES
Same starting time : NO start-time is: 10.15 hrs
Limited runners : NO

Extra RACE-2 : Distance/name: relay 10 x 10 km
Same course: YES
Same starting time: NO, start-time is: 10.30 hrs
Limited runners : NO

Extra RACE-3 : Distance/name: 1K Runaway /Little RUN
Same course : YES, but only a short length of 500 mtrs out and back
Same starting time NO, start-time is: 9.00 hrs
Limited runners : NO

Extra RACE-4 : Distance/name: WMA 100 KM World Championships
This year the event will not only be the IAU 100 km World Championships and the IAU 100km European Championships but will also include the WMA 100 km World Championships for the various age groups.

Athletes wishing to take part in the WMA competition need to ensure that they correctly observe the WMA entry procedure (including payment of the appropriate entry fee). PEFs and FEFs will be available through the website of the LOC: www.runwischoten.nl .

Members of the National Teams who are entered by their National Federation for the IAU Championships and who want also to take part in the WMA competition should send a separate email to inform the LOC. Those athletes must also pay the normal entry fee for this WMA competition (€ 34,50) and use the WMA entry procedure as well as the FEF for the IAU competitions.



7.0 PRELIMINARY (PEF) AND FINAL INFORMATION (FEF) FORMS

The PEF's and FEF's should be completed and sent, **before the DEADLINE time.**

With the FEF's, each Federation will send the list of its own runners, with names, date of births, sex and curriculum vitae or personal bests and will inform the LOC about the procedure and the timetables of arrival and departure.



DEADLINE PEF's : July 2nd

DEADLINE FEF's : August 6th

All forms must be send by fax and/or in digital format to:



IAAF Name : **Pierre Weiss**
E-mail : pierre@hq.iaaf.org
Fax : +377 93 15 95 15



LOC Name : **Liesbeth Jansen**
E-mail : racedirector@runwinschoten.nl
Fax : +31 (0)84-8391255



IAU Name : **Hilary Walker, IAU Secretary**
E-mail : secretary@iau-ultramarathon.org

WMA Through LOC website www.runwinschoten.nl

Preliminary entry form

Each Federation needs to give an early indication of the number of athletes and officials that they will be sending to these championships. This helps the LOC in planning the logistics of the events.

Final entry form

With the final entry form, each Federation will send the full list with the names of their athletes, dates of birth, sex and curriculum vitae or personal bests and will inform the LOC about the travel itinerary details of the delegation members (arrival and departure times, flight numbers, required number of rooms, required number of nights, required number of meals to be provided)

Please note that the travel and accommodation offers made by the LOC are conditional on the prompt return of the entry forms within the deadlines.





8.0 VISA



Any foreign visitor wishing to visit [The Netherlands](#) should have a valid passport

IAU Members which **don't need a visa** prior to departure:

Andorra	Argentina	Australia	Austria	Belgium
Brazil	Canada	Chile	Croatia	Czech Republic
Denmark	Spain	Estonia	Finland	France
United Kingdom	Germany	Gibraltar	Greece	Hungary
Iceland	Ireland	Italy	Japan	South Korea
Latvia	Lithuania	Luxembourg	Mexico	Monaco
Norway	New Zealand	Philippines	Poland	Serbia
Switzerland	Slovakia	Sweden	Chin.Taipei	Uruguay
United States				

IAU Members which **do need a visa** prior to departure:

Belarus	Consulate: Minsk
Mongolia	Embassy Beking
Namibia	Consulate Windhoek
Nepal	Consulate Kathmandu
Niger	Consulate Niamey
Republic of South Africa	Embassy or consulate (more possibilities)
Russia	Embassy Moscow
Turkey	Embassy Ankara
Ukraine	Embassy Kiev





9.0 TRANSPORTATION PLAN TO THE ATHLETES VILLAGE (AV)

Airport 1	Name Place Distance to AV Details.	Schiphol Amsterdam 230 km From the airport there is a direct train to Winschoten see schedule below or: http://www.ns.nl/cs/Satellite/travellers
Airport 2	Name Place Distance to AV	City Airport Bremen Bremen 145 km
Airport 3	Name Place Distance to AV	International Airport Dusseldorf Dusseldorf 250 km

The LOC will NOT put up a "welcome helpdesk" in the airport during the arrival times of the delegations.

When you arrive at Winschoten railway station you will be picked up by the LOC and will be brought to the AV. Information by **+31 (0)6-51251097**

Train station 1	Place Name Distance to AV Expenses one way ticket	Railway station Winschoten 20 km € 23,50 (price March 2011)
------------------------	--	--

TRAIN-SCHEDULE AIRPORT SCHIPHOL – WINSCHOTEN, WINSCHOTEN – AIRPORT SCHIPHOL And ASSEN (FROM PAGEDAL) – AIRPORT SCHIPHOL

From SCHIPHOL to WINSCHOTEN

Monday-Friday

SCHIPHOL <i>Departure</i>	AMERSFOORT <i>Arrival Departure</i>	GRONINGEN <i>Arrival Departure</i>	WINSCHOTEN <i>Arrival</i>	Transfer
05:49	06:35 06:38	08:14 08:19	08:54	2
Repeats till 21:49			00:54	2

Saturday

SCHIPHOL <i>Departure</i>	AMERSFOORT <i>Arrival Departure</i>	GRONINGEN <i>Arrival Departure</i>	WINSCHOTEN <i>Arrival</i>	Transfer
06:49	07:35 07:38	09:14 09:19	09:54	2
Repeats till 21:49			00:54	2

Sunday

SCHIPHOL <i>Departure</i>	AMERSFOORT <i>Arrival Departure</i>	GRONINGEN <i>Arrival Departure</i>	WINSCHOTEN <i>Arrival</i>	Transfer
07:49	08:35 08:38	10:14 10:19	10:54	2
Repeats till 21:49			00:54	2



From WINSCHOTEN to SCHIPHOL

For people who are staying at or nearby Winschoten

Sunday

<u>WINSCHOTEN</u> <i>Departure</i>	<u>GRONINGEN</u> <i>Arrival Departure</i>	<u>SCHIPHOL</u> <i>Arrival</i>	Transfer
07:25	07:59 08:06	10:38	1
Repeats till 21:25	21:59 22:06	00:38	1



Monday-Friday

<u>WINSCHOTEN</u> <i>Departure</i>	<u>GRONINGEN</u> <i>Arrival Departure</i>	<u>AMERSFOORT</u> <i>Arrival Departure</i>	<u>SCHIPHOL</u> <i>Arrival</i>	Transfer
05:54	06:29 06:46	08:22 08:24	09:08	2
06:25	06:59 07:06		09:38	1
06:55	07:29 07:46	09:22 09:24	10:08	2
07:25	07:59 08:06		10:38	1
07:55	08:30 08:46	10:22 10:24	11:08	2
Repeats till 21:25	21:59 22:06		00:43	1

ASSEN (FROM PAGEDAL) – AIRPORT SCHIPHOL

For everybody who is staying at Pagedal

Buses will leave at 11.00 hrs from Athlete Village to Assen

Sunday

<u>ASSEN</u> <i>Departure</i>	<u>AMERSFOORT</u> <i>Arrival Departure</i>	<u>SCHIPHOL</u> <i>Arrival</i>	Transfer
07:24		09:38	0
Repeats till 22:24		00:38 Monday	0
08:02	09:22 09:24	10:08	1
Repeats till 22:02	23:22 23:24	00:08 Monday	1

Monday-Friday

<u>ASSEN</u> <i>Departure</i>	<u>AMERSFOORT</u> <i>Arrival Departure</i>	<u>SCHIPHOL</u> <i>Arrival</i>	Transfer
05:25		07:38	0
06:02	07:22 07:24	08:08	1
06:24		08:38	0
07:04	08:22 08:24	09:08	1
07:24		09:38	0
08:02	09:22 09:24	10:08	1
Repeats till 22:24		00:43	0

One-way journey € 23,50 (price 01-04-2011)





Car rental

Possibilities at all airports

Look for information for the possibilities at Schiphol or the other airports



Others

When you arrive at Winschoten railway station you will be picked up by the LOC and will be brought to the AV.



On Sunday after the race there will be buses which will bring you from the AV to the railway station at Assen. Assen is the nearest railway station from AV to Schiphol. This will shorten your travel-time to Amsterdam. It is not necessary to leave from the same station as you arrived.





10.0 ACCOMMODATION

ATHLETES VILLAGE (AV): PAGEDAL STADSKANAAL

Address Hoveniersweg 1, 9502 BW Stadskanaal
Tel. +31 599 611000
Fax +31 599 611055
E-mail info@pagedal.nl
website www.pagedal.nl



Additional information about the AV:

All athletes will be hosted at Pagedal Stadskanaal. There are apartments for 2 persons and bungalows for 4, 6 and 10 persons available.

The apartment has 1 bedroom, the bungalow for 4 persons has two bedrooms, the bungalow for 6 persons has 3 bedrooms and a bungalow for 10 persons has 4 bedrooms.

All accommodations have a kitchen also.

The LOC will divide the accommodations as economic as possible.

There is an internet connection in every accommodation which can be used for free.

All the bungalows are smoke-free.

Prices including bedclothes, 2 times towels and end-cleaning.

There is a supermarket in walking distance from the park.

As visitor of the park you have the free use of the swimming pool.

Most of the meetings will be at Pagedal as well.

At Pagedal there is also the possibility to camp.



The Organizing Committee will offer:

- a **full board accommodation**, free of charge,
- for **maximum 3 male and 3 female athletes** per delegation
 - o for a maximum of **3 nights** for delegations who should fly maximum 4 h
 - o for a maximum of **4 nights** for delegations who should fly maximum <9 h
 - o for a maximum of **5 nights** for delegations who should fly minimum 9 h

The accommodation is available for the additional nights, **assistants**, and **coaches**.

The total amount of accommodation the LOC should take care of maximum 9 male and 9 female athletes per delegation and a maximum of 3, 6 or 9 officials per delegation.

- Max. 3 officials when 1-6 athletes/delegation
- Max. 6 officials when 7-12 athletes/delegation
- Max. 9 officials when 13-18 athletes/delegation

The LOC can offer accommodation for the rest of the delegation but is not obliged to do it. In that case they will provide these delegations with a list with all available accommodations in the area.

The accommodation will be charged following this rates:

There are fixed (All-in) prices **per person per night:**

- B&B: € 45,00
- Half Board: € 58,00
- Full Board: € 67,00

It **IS** possible to use this location to accommodate extra **supporters**.



The cancellation policy:

- free of charge (**) until August 21st
 - maximum 50% charge (**) until August 31st
 - maximum 100% charge (**) the last 9 days before competition day
- (**) this charge will be based on the costs for B&B accommodation.

All accommodation costs should be paid on arrival (=before the payment of the Travel Grants)
This can be done:

- By Bank Transfer at least one week prior to the race
 - Bank account: 3517.10.140
 - IBAN code: NL53RABO0351710140
 - BIC CODE: RABONL2U
- Cash only in € (Euros)

HOST FAMILIES

Delegations from outside Europe preferably stay in the athlete village. For delegations who stayed at host-families for many years, the LOC will try to make this possible again for this year. But there will be a maximum of 8 persons per delegation for a maximum of 3 nights. The policy of the LOC is that complete country delegations will stay either at the athlete village or at host-families.

Upon arrival in the ATHLETES VILLAGE, each team leader will be given this General Information Sheet (GIS), a questionnaire for the Technical Meeting, the timetable of the MIAUC and if necessary an timetable of the shuttle buses.

FOOD & FOOD SCHEDULE

(with reservation)

In general:

Breakfast at AV:	7.00 – 10.00 hrs	Wednesday – Friday
	6.30 – 10.00 hrs (incl. pasta)	Saturday
	8.00 – 10.30 hrs	Sunday
Lunch at AV: (only for FB)	12.00 – 14.00 hrs	Wednesday - Thursday
	13.30 – 15.00 hrs	Friday
Dinner at AV: (HB and FB)	18.00 – 20.00 hrs	Wednesday – Friday
	20.30 – 21.30 hrs	Pastaparty Saturday

The **PASTA PARTY is FREE** for all athletes (maximum of 9 men and 9 women per country) and officials (number as mentioned in this GIS) entered by their National Athletics Federation and is scheduled at:

Friday September 9th from 20.30 – 21.30 hrs
Place: Athlete Village

Other info: People who want to enter the pasta-party can buy a ticket for € 15,00.





11.0 TECHNICAL MEETING

Place Athlete Village
Day Friday September 9th
Time 14.00 - 15.00 hrs
Transport Not applicable



Extra info All teams will receive, the day of arrival, a brochure with all the Technical guidelines/rules specific for this MIAUC



12.0 PAYMENT OF THE TRAVELGRANTS

The payment of the Travel Grants is scheduled right after the TECHNICAL MEETING, see details under point 11.0.(Technical Meeting).



13.0 OPENING CEREMONY

Place Winschoten. Start from Israelplein
Day Friday September 9th
Time 19.05 hrs
Transport Buses depart from AV 17.30 hrs

Followed by the PASTA-PARTY YES

Place Athlete Village
Time 20.30 – 21.30 hrs
Info After the flag parade there will be buses to bring all back to the Athlete Village.
Departure of the buses from 20.00 hrs



14.0 RACE INFO

The most specific details can be found in the brochure of the TECHNICAL MEETING
(IAU-appendix E: Technical meeting for the organisation of an MIAUC)

15.0 CLOSING CEREMONY

Place Winschoten
Day Saturday September 10th
Time 22.15 hrs
Transport Departure from AV for people who went back to AV during the day
Departure time of the bus from AV: 21.30 hrs
Info After the closing ceremony all will be brought back to AV by buses.
Departure time of the buses: 23.30 hrs





16.0 WEATHER CONDITIONS

The average weather conditions in the past 5 years:



Max. Temperature 22 - 26 degrees Celsius
Min. Temperature 10 - 16 degrees Celsius (at night 10 degrees Celsius)



Humidity Between 45 and 75 % is possible
Extra info The weather forecast for the race-day will be given at the Technical Meeting



17.0 GENERAL TIME SCHEDULE OF THIS MIAUC

The proposed time table/ The confirmed timetable will be issued on arrival.



Friday September 9th 2011

Medical symposium IAU Max. 2 hrs (AV)	9.00 – 11.00 hrs
Press conference (officials 15 min./ athletes 20 minutes) (AV)	11.15 – 12.00 hrs
Congress IAU (AV)	13.30 hrs
Technical meeting (AV)	14.00 hrs
Payment Travel Grants (AV)	15.00 hrs
Lunch for HB and FB persons (AV)	13.30 – 15.00 hrs
Departure for the flag parade (from AV to Winschoten)	from 17.30 hrs
Gathering for the flag parade at Winschoten	18.45 hrs
Start flag parade (Winschoten)	19.05 hrs
End flag parade (Winschoten)	20.00 hrs
Departure Athlete village	from 20.00 hrs
Pasta-party (AV)	20.45 – 21.30 hrs
Invitation municipality Oldambt for team managers and invited guests at Rozenpaviljoen Winschoten	20.15 hrs
Departure from meeting municipality Oldambt to Athlete Village	21.30 hrs

Saturday September 10th

Departure for the race from AV	(first buses) 7.45 hrs (last buses) 8.30 hrs
Start of the race	10.00 hrs
End of the race	22.00 hrs
Closing ceremony	22.15 hrs

Sunday September 11th

Departure buses to railway station Assen	11.00 hrs
--	-----------





18.0 MISCELLANEOUS

PRESS: If you need a press card, let the LOC know.



MEDICAL (1): Please take the special E-111 form with you to Winschoten. This is a special form from your insurance-company in the eventuality that you might need treatment in hospital. All costs for ambulance transport and in hospital are your (or your insurance) responsibility. All costs are subject to the Dutch rules for hospital treatment and emergency transportation.



MEDICAL (2): In case of the athletes is using medicines, athletes should have informed their national federations and have completed the official TUE form, a copy of which should be given to the LOC, before the race.



19.0 TOURIST INFORMATION



Info by (Tourist information) VVV Winschoten, tel. +31 (0) 597 412255.
Website www.vvoldambt.nl or www.gemeente-oldambt.nl

